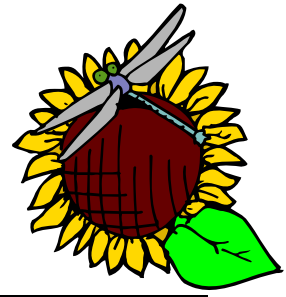


Port Washington Senior Center

The Leisure Times

August 2006



Port Washington Senior Center
102 East Pier Street
(262) 284-5821
E-mail: ckiener@ci.port-washington.wi.us

Catherine Kiener, Director
Bonnie Knaub, Assistant
Kandy Bichler, Environment

Center Office Hours: Monday – Thursday 8:30AM – 4:00PM
Friday 8:30AM- 2:00PM

Mission: To promote healthy aging by providing cost effective programs, classes, activities and services to citizen's 55 years and better. Adopted April 10, 2002

Director's Report

Members of the Chicks with Sticks have coordinated a table at Port Washington Maxwell Street Day on Sat. Aug. 5. Stroll the booth and support the Center (some proceeds toward new card table) or refer friends & family for the crafts & cookies!

The Center membership is at 478, which is 52 below last year. Membership recruitment will take place in September & October. Think of a neighbor, relative or friend you can invite to join the center.

Paper Products from the picnic were counted by singles and multi-packs. Totals: single paper gifts 60 & multi-pack gifts 52! Thank you everyone who contributed.

UPCOMING EVENTS:

- **Maxwell Street Center Sale crafts & cookies 8:00-2:00 downtown Mystery Trip Aug. 17**
- **Life Line Screenings By Appointment at Center Aug. 28**
- **Needle Felting Sept. 6 and 7**
- **Collingsworth Family Registration due**

Sentry Receipts

The quarter ending in June the Center will receive over \$ 120.00 from Sanfilipo Sentry! Thank you to all who donate receipts! **The next quarter is July 1 – Sept. 30, 2006 with receipts due at Center for only July – Sept by Oct. 2!** Sentry will only accept the receipts for each quarter! So, bring them in weekly or monthly!

Thank You, Thank You

July Newsletter crew: Joan Murphy, Ethelyne Schumacher, Theresa Antoine, Rosemary Weiland, Betty Last, Sandy Preisler, Nelda Bartz, Louise Buser and Pat Voeller.

Picnic thank you's: bingo helpers Fran H., Bob Z., & Jerry W. We also thank Heritage Health & Rehab Center for the door prizes & Jean Ann at Java Dock for the paper cup donation! KUDOS TO John Weinrich & the staff at New Port Shores!

Thank you Harold T. for the yarn donation.

Volunteer Opportunities –*Together we make a difference!*

Membership Card Perk

The month of August opportunity for a discount for members will be at **Java Dock** on Grand Avenue. Meet the new owner Jean Ann when you buy one small coffee get one free during the month of Aug. with your Senior Center member card. Try a gourmet coffee and support this Center membership card partner!

Donations, Gifts or Memorial

The Center needs grocery paper bags for newspaper recycling. If you have extra bags please bring them in for Kandy to use.

You can make the Port Senior Center a recipient of a gift, any time of the year. Designated or undesignated gifts are beneficial to achieving the Centers mission. The Strategic Plan Committee is pursuing a 501-C3 designation for the Senior Center! Watch for more information this year.

Programs and Classes



Aqua Exercise Class

One class is held on Tuesday, Thursday, and Friday at 6:40 AM. Cost is \$6.00 for member and \$10.00 for non-member per month. Class is held at the District Aquatic Center TJ School on Holden St.

Arthritis Foundation Exercise Course Registration begins Aug. 1

The Senior Center has a trained leader for the previously named "PACE" exercise program. The 7-week **evidence based** program will begin Mon. Oct. 2 at 9:30 AM. It will meet on the lower level of the Senior Center Mon & Wed for 7-weeks. The fee includes An Arthritis Foundation trained instructor with experience, exercise instruction & arthritis information. Member fee is \$25.00 per member (less than \$2.00 per class!) & \$35.00 for guest. Register by Sept. 18 with fee due Sept. 25. Class minimum is nine students.

New

Friday Book Talk

Fri. Aug. 11 at 9:30 at the library the group will review Gifted Hands by Dr. Ben Carson. *Preview for Sept.8: The Kite Runner by Haseeni reviewer will be Reet Baggott.*



Strength Training- Summer Time change

NO FLOOR WORK! Class meets **Tuesday 8:30 – 9:30 for June - Aug.** The fee for this weekly class is \$15.00 per month member & \$20.00 for guest.

Register for 3 months and save \$5.00 for June 6 – Aug. 29! *Closest thing to a personal workout!*

New students welcome; **you go at your pace!**

Bocce Ball

Join members of the Center for a weekly game Italian lawn bowling known as Bocce! The group meets at Kolbach Park at 9:30 on Tuesdays through Sept. 5. **BOCCE VS. GRAFTON:** The group will organize a team to compete against Grafton Seniors on their court, Tues. Aug.29 at 9:30 a.m. Contact the office or Louie B. on Tuesdays at Bocce by Aug. 11. No fee for members and \$2.00 for non-members.

Blood Pressure Checks

Tuesday, August 1st at 12:30 by a volunteer nurse. No fee.

Canasta

Players meet at 7:00 PM on the 1st and 3rd Monday's. The month of August we will meet on the 7th and 21st every one is welcome! **Non-member fee is \$1.00 per week.**

Ceramic Pottery- ALL Skill Levels Welcome

Meets Thursday mornings from 9:00 – 11:00 A.M. for senior center members and friends. The fee is \$2.00 per week for members plus glaze, firing, and green ware piece! Non-member fee is \$4.00 per week plus supplies.



Computer Learning Lab

The computers are available for members on Tues. & Thurs. from 10:00 AM-3:00 PM. **Sign in & out at the office** *No lab time when a class is scheduled.*

CHICKS WITH STICKS



Meets Wed. at 1:00 at the Center. Come share your patterns and ideas. Non-member fee is \$1.00 per week.

Knitting Review

The second Wednesday of the month at 1:30 will be a review with new tips and patterns. It will meet separately if needed from the main group. There is no fee for members of Chicks with Sticks and for guests it is \$2.00 per class with registration due the first Wed. of the month. **The outline:** Aug. 9 Cast ons; Sept. 18 – Bind offs

Needle Felting Workshop

Wed & Thur Sept 6 & 7 the Center will host Brigitte De Masters from Bahr Creek to teach needle-felting hat or purse. To register, call or e-mail the center with project choice: Hat will be \$47.00 for members & \$50.00 for guests. Purse cost is \$57.00 for members and \$60.00 for guest. The workshop fee includes the supplies & instructor fee. Registration & payment due by August 24.

New

Library Project at Center

The Library arranges for books and videos to be checked out on an honor system for senior's convenience. Please keep video's 1 week or less! **Thank you.** *There is a sign posted for the date the*

Center returns the books and videos to the Library. Please return by this date.

MISSING BOOK

If anyone has the book "Wisconsin Blessings" could they please return it to the Library?

Monday Afternoon at the Movie August 21

Cool off with the family film, *Eight Below* Mon. Aug. 21 at 12:30-2:30. For lunch reservation, call Jill at the Dining Site 24 hours ahead. This is a film based on a true story of sled dogs and scientists at the Antarctic. **Synopsis:**

The fierce Antarctic winter is just setting in when an intrepid team of explorers and scientists on a research mission -- survival guide Jerry Shepard (Paul Walker), his best friend and cartographer Cooper (Jason Biggs) and the rugged geologist Davis (Bruce Greenwood) -- just narrowly escape a fatal accident, thanks to their steadfast team of eight skilled sled dogs.

Forced to evacuate, the men must leave the beloved dogs behind in the frozen wilds -- with a promise they will return. But when the storm of the century approaches, cutting off all means of travel, the dogs are stranded. Now, as the intelligent, courageous dogs -- including noble pack leader Maya, rambunctious rebel Shorty and rising young alpha-in-training Max -- fight to make it through the most unforgiving winter on the planet, the heartbroken Jerry is driven to mount a seemingly impossible rescue mission, aided by a beautiful and adventurous bush pilot, Katie (Moon Bloodgood).

Port Senior Horseshoe League

The league play will be on Tuesday's through August. End of season **luncheon Aug.29** The leading teams to date are Ron Mans/Jerry Wilde, Cel Maciejewski/Frank Phillips, & Paul Hanson/Jerry Downing. *Thank you Warren Haseley for coordinating!*



Green Felt Club – Senior 8 Ball League

The meeting is scheduled for Wed. Aug. 30 at 11:00 AM with a luncheon following at noon. The dues remain at \$18.00 for the league season. Make a check to "Green Felt Club". Members also must be a member in good standing of the Port Washington Senior Center.

Pinochle

This card game is played Wed. at 10:00 AM. If interested, come to the center on Wed. There is no fee for members and non-members, \$1.00 per week.

New Horizons Band

Tom Miller and a small group will be meeting at the Center on Monday from 12:30 – 1:30 and Wed. 10:00 – 11:00 AM from June 19 – Aug. 16th. If you would like to know more about joining the group before fall, stop and see Tom on a summer day at the Center.

New

Water Color Art Class

Erin Blum will teach a 5-week class Sept. 11 – Oct. 9, 2006 at the Port Senior Center. The artistic talent of Erin Callahan Blum has always been expressed in her life. Taking a natural gift for art, Erin started her career with a degree in the Graphic Arts. Merging her background in the Graphic Arts with a natural desire to share her work with a wider audience, Erin has expanded into the world of Giclee printing. She is a member of the League of Milwaukee Artists and the Cedarburg Artists Guild. The fee is \$55.00 for Center members and \$65.00 for the public.

Weekly Activities

Singers (Chorus) – **Resumes Sept. 11**

Aqua Exercise -Tues., Thurs. 6:40 AM & Fri. at 6:40AM

Piano Lessons – **Resume Sept. 5** by appointment
Exercise with video- Mon. & Wed. at 9:00AM

Strength Training Instructor led- Tues. at 9:00AM

Green Felt Club – Senior 8 Ball League Wed.

Chicks With Sticks- Wed. at 1:00PM

Ceramics - Thurs. at 9:00AM

For information on class cost please call the center at 284-5821!

Card Clubs

There is **no charge for members** as your membership assists with center operations. **Non-members & out of town participants contribute \$1.00 per week in the office!**

Bridge - Tues. Ladies Bridge, Thurs. & Fri. at 1:00PM

Cribbage - Tues. at 1:00PM

Sheepshead - Thurs. at 1:00PM

500 Party - 1st Thurs. at 1:00 P.M.

Public Card Parties:

Canasta 1st & 3rd Mon. 7:00PM
Sheepshead -7:00 PM Tues.
Pinochle-10:00 AM Wed.



Clubs and Organizations Meeting At the Center

Greenfelt Club - Mon.-Fri. at 2:00PM
and Sat. at 9:00AM.
City Commission on Aging - 2nd Mon.
at 7:00PM in the lower level
VFW - Last Wed. at 7:00PM

Special Events

Lakeside Tea Society

Famous Places, Famous Faces Tea

The Aug. 16 tea will feature **Huckleberry Tea & South Dakota Memories!** The discussion will focus on our 39th or 40th state. Come and share your travel memories or mementos with the group. Huckleberry tea and a treat will be served. Cost is \$2.00 per person and \$4.00 for guest. Reservation due Aug. 14. *Preview for Sept. 20 An"tea"que Show: Gordon Kirstin will be here to provide us with our own antique road show!*

Bingo with Eleanor

Senior Center Members & Dining Center

Participants are welcome to play bingo the second Monday of the month, Aug. 14 at 12:30. Culver's is a sponsor of this event with coupons for a free single scoop as an added prize. It is a nickel a game.

Life Line Screening

The Center will host live line screenings Mon. August 28, 2006. Calling 1-800-324-1851 must make appointments. The options for screens are: Stroke & Abdominal Aortic Aneurysm, Peripheral Vascular Disease, & Osteoporosis. These are tests generally not covered by insurance. Each test will cost \$45.00 or receive a savings for all three.

AARP MATURE DRIVING

Defensive Driving Course

AARP Mature driving course will be offered on Mon. Oct. 16 and Tues. Oct. 17 from 12:30-4:30. To receive a certificate of completion, you must complete the 8-hours divided into 4-hour classes



over two days. The fee is \$10.00 per person, non-members \$12.00.

WJ NIEDERKORN LIBRARY

The WJ Niederkorn Library of Port Washington has received through an LSTA grant one Medline Rollator. The *walker with wheels and brakes* also has a seat and a basket for storing books. The Rollator will be located by the upstairs entrance and will be available for use by the public. You are free to stop by to test-drive our burgundy model. Take it for a spin.

Community Events

Lifeline Screenings

The Senior Center is hosting this program August 28. Please see the attached flyer for details on making an appointment.

Ozaukee County Aging Dining Center

The Older Americans Act established Senior Dining sites throughout the US. The 5-day per week site in Port is located at the Senior Center. Join other seniors for lunch. August events are included on the Center Calendar page. Highlights include: Aug. 23 the Price is Right & Aug. 28 Chicken Foot. Reservations must be made 24 hrs in advance.

Arthritis Exercise Class

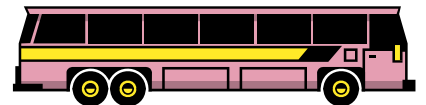
Read description under Programs & Classes on page 2!

Massage Drawing

Loretta Federspiel won the drawing for the month of July.

LynnCore Medical Group

A representative of the company will be at the Senior Center to explain the products they offer. The presentation will be Mon. Aug. 7 ay 1:00 PM. Come for lunchat noon (reservation due to Jill at 284-5672 by 24 hours in advance)



Trip News

Trip Policy: Join us for trips we plan at the center or that we join with other Centers. Prices are

quoted for center members: guests add \$3.00 for day trips or as quoted for a specific trip as a non-member price. Sign up is on or after the call in day listed with each trip. You must register in advance and pay by the deadline or your name will be dropped from the list! Cancellations are not guaranteed a refund. Cancellations within TWO weeks will be refunded only if someone fills the opening! There are trips we reserve the right to advertise which are sponsored by travel agencies. It is for your convenience that we advertise them. All other information is handled by the agency.

Brochures that are sent to us are made available on the craft counter or on the bulletin board. Contact the office regarding any special needs.

WHEN LEAVING ON A DAY TRIP PLEASE PARK YOUR CAR IN THE SECOND & THIRD SET OF PARKING ROWS. THANK YOU!

Lunch Bunch

Join the lunch group at Edgewater in Grafton on Hwy O on Wed. Aug. 23 at 11:30. Cost on your own. Reservations due at Center Mon. Aug. 21.



I Spy A Mystery Trip -filled
Thursday, August 17

FUN

Dress is casual day trip attire for a fun filled time. **Lunch will sure to please with a unique connection to Port** and something from elegant luncheons of years past! Bring a camera to record your memories. Clues will be given on the bus. The day includes a departure of 9:00 AM from the center, lunch, gratuities, & surprise after surprise! Return approximately at 5:30PM. The price is \$75.00 for member & \$78.00 for guest.

42nd Street at Fireside – Waiting List Trip Date: Wed. Aug. 30

From its triumphant Broadway revival the Fireside brings you the greatest show biz saga of them all. Small town girl lands a chorus part in a big Broadway musical and steps into the leading lady role when the star takes a fall. In initial run it was nominated for 9 Tony Awards winning Best Musical and Best Choreography. Delightful music includes: We're in the Money, Shuffle Off to Buffalo, & 42nd Street. **Featured Menu:**

Antipasto, Roast Tenderloin of Beef, dessert, breads, coffee. Depart Port at 8:15 AM.

Collingsworth Concert at the Fireside – 17 seats remaining

Trip date: Tuesday, Sept. 26

Excitement, spiritual, family emphasis and musical excellence are what you'll find in an afternoon of worship and praise with the Collingsworth Family. Their 3rd video, "Christmas in Kosovo," was filmed during their trip for the U.S. Department of Defense to perform for the U.S. Army soldiers on Christmas, 2003. In 2004 they were nominated in the Singing News Top Ten as "Horizon Group of the Year". The **Menu:** Deep Fried Cod, Baked Redskin Potatoes, Corn Fritters, Cole Slaw, Stir Fried Vegetables, French Fries, Baked Breads & Homemade Dessert. Depart: 8:15 a.m. Cost \$53.00 for member and \$56.00 for guest includes motor coach, Fireside Fish Fry Buffet & Concert Admission. Payment due August 29.

Historic Janesville – only 6 seats left

Date: Tuesday, October 24

The Senior Center & Landmark Tours bring you Janesville, Wisconsin! This is the birthplace of Parker Pen. The Tour begins with **General Motors Assembly Plant** where **we will ride the TRAM in comfort** as we watch over 200 robots in action! Lunch will be at the Best Western serving roast pork tenderloin with dressing, whipped potatoes & gravy, California medley, garden salad, rolls & butter, coffee, iced tea or milk, and mint chocolate chip ice cream. The MacFarlane pheasant farm will be the next stop, which is the world's largest private game bird farm. Learn about **Prince Charles'** connection with the farm. The last stop will be the **Lincoln-Tallman House** a 26 room Italianate villa – style house built by William Morrison Tallman, a wealthy attorney & abolitionist from New York. When built in 1855-57 it had conveniences like running water, a communication system, central heating, plumbing & gas lighting. Learn why Lincoln stayed here in 1859! Depart at 7:45 AM & return 7:15 PM. The cost for this day is \$65.00 per person. **Payment due Sept. 25, 2006.**



Fox River Mall Holiday Shopping

Registration Opens Aug. 1

Payment Due Oct. 25

Experience great shopping at over 180 of your favorite stores like J.C. Penney's, Sears, Marshall Field's, Younkers, Coldwater Creek, Pier I, Target, Ann Taylor and many, many more! Restaurants include Northwood's Café, Fox River Brewing Company, Atlanta Bread Company, TGI Friday's and the Food Court. Lunch is on your own. Door prizes will be given away on the bus! Depart Port at 8:45 a.m. on Mon. Nov. 20 and Return at 6:00 p.m. **Cost:** \$20.00 for a deluxe motor coach, snacks and beverage per member \$22.00 per guest.

Nov. Fireside Christmas –Waiting List

Trip Date: Thur. Nov. 30

The day begins with a stop at Jones Dairy Farm for those interested in shopping their small outlet store. Then we proceed to the Fireside! Check out their unique Christmas items in the gift shop or stop at the tempting bakery. Lunch is served about 11:15 AM. The show begins at 1:30 with an all-new Fireside Christmas! Depart the Center at 8:00 AM. The cost is \$68.00 member & \$71.00 guest and includes deluxe motor coach, luncheon, show, & escort. **Payment due Oct. 19.**



Doc Severinsen's "Holiday Pops"

Trip date Sunday, Dec. 10

The tour begins with a visit to the M&I Bank to see the STEIFF life-size stuffed animal Christmas display. Then on to the Wyndam Hotel for a delicious luncheon with time to enjoy the dozen Christmas trees that will be on display. The final stop will be the Marcus Center for the holiday tradition of Doc Severinsen, the MSO and the MSO Chorus. The cost is \$79.00 per person, which includes deluxe motor coach, escort, and luncheon, with dessert, Orchestra seat ticket. Depart Port at 10:15 AM and return approximately 5:45 PM. Payment is due October 10, 2006 to the Center.

Dec. Fireside Christmas Show – waiting list

Trip Date: Tues. Dec. 19

New

The day begins with a stop at Jones Dairy Farm for those interested in shopping their small outlet store. Then we proceed to the Fireside! Check out their unique Christmas items in the gift shop or stop at the tempting bakery. Lunch is served about 11:15 AM. The featured menu: Breads, Gift From the Sea, **Chicken Saint Nick a Skinless** Breast of Chicken dipped in our special egg batter, rolled in Coconut Panko Bread Crumbs, sautéed to a golden brown, glazed with Brandied Apricot Sauce; served with Asian Fried Rice and **dessert** Santa's Chocolate Chimney. The show begins at 1:30 with an all-new Fireside Christmas! Depart the Center at 8:00 AM. The cost is \$68.00 member & \$71.00 guest and includes deluxe motor coach, luncheon, show, & escort. Payment due Nov.1.

Oneida Bingo & Casino Information

This trip is with Landmark Tours. Next dates are July 13 & 27. Cost is \$50.00 with casino rebate of \$50.00. Call Karen at 375-1426 to register.

2007 Day Trips to date:

Fireside Shows:

- Jan 18 – Hollywood Sings – **Released in Sept!**
- March 22 – Fiddler on the Roof featuring Artistic Director Ed Flesch
- June 7 – Odd Couple
- Aug. 22 – Thoroughly Modern Millie

EXTENDED TRIPS

Amish Acres Extended Trip – Waiting list only Final non-refundable payment is due Aug. 1.

The Port Senior Center will be taking a trip Sept. 25 – 28 to Shipshewana, Indiana. Cost is \$522 per single, \$396.75 for double, triple \$360.50, & 342 for a quad room. **Final payments are less the 100.00 deposits. Example: You have a double at \$396.75 less deposit of 100 equals final payment by August 1 of \$296.75!**

Land of Lincoln- Registration still accepted

Extended trip with Landmark tours Sept 12-14. If you would like to see the new Lincoln Presidential Museum & library this is your chance! There will be a day with a step-on-guide to explore Springfield. This will include a Route 66 stop for the Shea's Gas Station Museum. Pick up a flyer at

the center for all the details on this one of kind trip exploring our American heritage! Double is \$429.00 & Single is \$522.00. **To register call Karen at 375-1426.** A \$100 deposit is due with sign up **MADE PAYABLE TO LANDMARK TOURS.**

Center Operations and Procedures

Membership- Annual membership is paid January to December. Individual fee is \$12.00 and Couple \$17.00 for City and Town of Port Residents. Out of town individuals may subscribe to the newsletter for \$6.00 per year or to receive membership the fee is \$1.00 per week or \$62.00 per year, it includes the newsletter and may be paid quarterly.

Bulletin Boards & Information - Located on the glass counter in the main Room, on the television in the piano room, and the bulletin board in the main room are community and center related information of interest to you!

Welcome New Members:

Carol Gosewehr

Happy Birthday

2 *Lucille Wester*

3 *Diane Miller*

6 *Corie Gessler*

7 *Pat Neitz, Marilyn Schmit*

Clyde Weiland, Aileen Wiltgen

8 *Susie Howl*

9 *Gloria Rasbornick*

Adrian Dickson

10 *Antoinette Smith*

11 *Gladys Reiter, Paul Ehrlich,*

James Heiser

12 *Lillian Rebstock*

14 *Carol Rae Stone*

15 *Pat Krainz*

16 *Douglas Ahsmann*

18 *William Bley, Ralph Seyfert,*

Dorothy Dodds, Ken Hoard,

Verna Wilkerson

19 *Lillian Haseley*

20 *Mary Neerhof, Alice Trzecinski*

21 *Virginia Maechtle, Laura Stricker,*
Charles Noeske

22 *Donna Riemer, Carol Dickson,*
Elaine Nulph

25 *Ruth Primas, Betty Bley,*
Paul Galles

27 *Lloyd Johnson, Elmer Peters,*
Jan Glenn

28 *Marjorie Adams*

29 *Joan Biever*

30 *John Windis, Fran Heinowski,*
Austin Goodrich

31 *Jacqueline Homan*

Recipe Corner

VICTORIA SPONGE CAKE

From Jacqui McKendrick

Ingredients:

8 oz/ 2 sticks soft margarine

8 oz/1 Cup sugar (I use ultrafine Baker's sugar)

10 oz/ 2 ½ cups all purpose flour

2 teaspoons baking powder

4 eggs

4 tablespoons milk

Method:

Pre-heat the oven to 350°F. Grease and base lline a 12 x 9 inch baking tin with greased greaseproof paper.

Sift the flour and baking powder into a large bowl, add the rest of the ingredients and beat well until well blended and light in color. Turn the mixture into the prepared tin and level the top.

Bake in the oven for about 35-40 minutes or until the cake has shrunk from the sides of the tin and springs back when pressed in the centre with your fingertips. Leave to cool in the tin. Take 1 jar of strawberry jam and give it a really good stir to make it a bit runny. Split the cake in half and spread the jam on one half. Make buttercream icing by beating 1 stick of room temperature butter with 6 oz of powdered sugar until light and fluffy. Spread this on the other half of the cake. Put the two halves together and sprinkle the top with powdered sugar.