



# Port Washington Senior Center

## The Leisure Times October 2006



Port Washington Senior Center  
102 East Pier Street  
(262) 284-5821  
E-mail: [ckiener@ci.port-washington.wi.us](mailto:ckiener@ci.port-washington.wi.us)

Catherine Kiener, Director  
Bonnie Knaub, Assistant  
Kandy Bichler, Environment

Center Office Hours: Monday – Thursday 8:30AM – 4:00PM  
Friday 8:30AM- 2:00PM

Mission: To promote healthy aging by providing cost effective programs, classes, activities and services to citizen's 55 years and better. Adopted April 10, 2002

### Director's Report

*This is your Senior Center!* Remember to return group materials to proper location in storage as it makes it easier for all groups!

The **City Commission on Aging approved a budget that included additional hours** to restore some hours that were cut in the 1990's to help address the ever-increasing participant requests for programs and the increase usage of the Center by the members, community, and visitors. *This is your Center and you need to let elected officials know your appreciation of the tax dollar support for the operations.* Did you know there are over 15,000 senior centers in America and Wal-Mart has a little over 3,500 stores?

Heritage Nursing & Rehab Center Staff are volunteering for the Casino night on Oct.23. Make your reservation soon for a fun night of roulette or blackjack.

The Bocce players are in proceeding with securing funds to develop 1-2 permanent courts for the community with an ability to increase the competitive skill development a court will provide. The Center has a commitment of financial support from the Leathernecks Club. Thank you Louie Bertoni, Charlie Ross and Jay Jansen for your support and efforts!

New travel badges have been purchased that are worn around the neck. The first use was for the Shipshewana trip that will come back and plan a weight watchers group!

### UPCOMING EVENTS:

- Arthritis Exercise Class Oct. 2
- Defensive Driving Course from AARP Oct 16 & 17 (pg 4)
- Italian Casino Night Oct. 23
- Member Recruitment Month

### Sentry Receipts Due Oct 2

The quarter ended with Sept. 30. Please have receipts in by Mon. Oct. 2. Thank you to all who donate receipts! **The next quarter is Oct. 1-Dec 31, 2006.** Sentry will only accept the receipts for each quarter! So, bring them in weekly or monthly!

### Pick-n-Save We Care Program

The Center is now registered for this program. If you do not have a charity chosen and shop at Pick-n-Save you may choose Port Senior Center as a recipient of the Community dollar program. **The number is 620450!** Thank you for the support.

*New*

### Thank You, Thank You

**August Newsletter crew:** Joan Murphy, Ethelyne Schumacher, Nelda Bartz, Sandy Preisler, Joan Hansen, Theresa Antoine, and Bonnie Knaub

**Volunteer Opportunities** –*Together we make a difference!*

**On-Call Office Assistant-** One of the helpers is relocating to Illinois. Anyone interested in learning about the Center through office volunteering, call Catherine.  
**Garden Volunteer-**The Center is in need of someone to help cut down/eliminate a couple of shrub trees growing too close to the building. Call Catherine by Oct. 9 if you would like to help.

**Now on Sale**

### ENTERTAINMENT BOOKS

The 2007 Entertainment Books are on sale. The price is still \$35.00. **NO NO's, Nisleits, Klug's Creekside, Allenton Inn, 52 Stafford, and so much more!** The book that pays for itself with a couple of uses. A portion of the profit goes to our Senior Center & Woman's Club. See Catherine or Bonnie. These books make nice gifts.

### Donations, Gifts or Memorial

*You can make the Port Senior Center a recipient of a gift, any time of the year.* Designated or undesignated gifts are beneficial to achieving the Centers mission. To Date one memorial received!

### Programs and Classes

#### Aqua Exercise Class

One class is held on Tuesday, Thursday, and Friday at 6:40 AM. Cost is \$6.00 for member and \$10.00 for non-member per month. Class is held at the District Aquatic Center TJ School on Holden St.



**New Info**

#### Arthritis Foundation Exercise Course Pay as you go week's will by Oct 2 & 9!

As an introduction, participants will pay only 2.00 per class with the 7-week fee due Oct. 16 for the session. The 7-week **evidence based** program will begin Mon. Oct. 16 at 9:30 AM. It will meet on the lower level of the Senior Center Mon & Wed for 7-weeks. The fee includes An Arthritis Foundation trained instructor with experience, exercise instruction & arthritis

information. Member fee is \$25.00 per member (less than \$2.00 per class!) & \$35.00 for guest. **Class minimum is nine students we need 6.**



#### Friday Book Talk

Don't Let's Go to the Dogs Tonight will be reviewed by Joanne Buivid Fri. Oct 13.  
*Preview for Nov 10: The Kitchen Boy by Robert Alexander and review by Jan Meyle.*

#### Strength Training

**NO FLOOR WORK!** Class meets **Tuesday 9:00 – 10:00**. The fee for this weekly class is \$15.00 per month member & \$20.00 for guest. *Closest thing to a personal workout!* New students welcome; **you go at your pace!**

#### Blood Pressure Checks

Tuesday, October 3<sup>rd</sup> at 12:30 by a volunteer nurse. No fee.

#### Canasta

Players meet at 7:00 PM on the 1<sup>st</sup> and 3<sup>rd</sup> Monday's. The month of October we will meet on the 2<sup>nd</sup>, 16<sup>th</sup>, and 30<sup>th</sup>. Every one is welcome! **Non-member fee is \$1.00 per week.**

#### Ceramic Pottery- ALL Skill Levels

Meets Thursday mornings from 9:00 – 11:00 A.M. for senior center members and friends. The fee is \$2.00 per week for members plus glaze, firing, and green ware piece! Non-member fee is \$4.00 per week plus supplies.

#### Computer Learning Lab

The computers are available for members on Tues. & Thurs. from 10:00 AM-3:00 PM.

**Sign in & out at the office** *No lab time when a class is scheduled.*



#### CHICKS WITH STICKS

Meets Wed. at 1:00 at the Center. Come share your patterns and ideas. Non-member fee is \$1.00 per week.



### Knitting Review

The second Wednesday of the month at 1:30 will be a review with new tips and patterns. It will meet separately if needed from the main group. There is no fee for members of Chicks with Sticks and for guests it is \$2.00 per class with registration due the first Wed. of the month.

#### The outline:

Oct. 11 – Knit & purl stitches

Nov. 8 – Increase & Decrease

Dec. 13 - Seaming

### Needle Felting Hat Workshop –Need 3 Registration & payment due by Oct. 26.

Mon & Tues. Nov. 6 & 7 the Center will host Brigitte De Masters from Bahr Creek to teach needle-felting hat. **To register**, call or e-mail the center. Hat will be \$47.00 for members & \$50.00 for guests. The fee includes supplies & instructor fee.

### Library Project at Center

The Library arranges for books and videos to be checked out on an honor system for senior's convenience. Please keep video's 1 week or less! Thank you. *There is a sign posted for the date the Center returns the books and videos to the Library. Please return by this date.*

### Monday Afternoon at the Movie Oct. 30 Hoot – directed by Wil Shriner

A young man (Lerman) moves from Montana to Florida with his family, where he's compelled to engage in a fight to protect a population of endangered owls. Stars Logan Lerman, Luke Wilson, Robert Wagner & Jimmy Buffet. Make lunch reservation with Jill 284-5672.

### Green Felt Club – Senior 8 Ball League

The League play begins Sept. 6<sup>th</sup>. Interested members need to have a committee rating for this league and if they qualify, will be assigned as a substitute. Cost is \$18.00 plus must be member of Senior Center.

### Pinochle

This card game is played Wed. at 10:00 AM. If interested, come to the center on Wed. There is no fee for members and non-members, \$1.00 per week.

### Water Color Class

**Date: Mondays Oct 23 – Nov. 20**

**Register & Pay by Mon. Oct. 23**

Erin Blum will teach a 5-week class Mon. Oct. 23 – Nov.20 from 1:00 – 3:00PM at the Port Senior Center. The class will facilitate students to work on their own techniques and explore interest areas in watercolor. The cost is \$55.00 for Center members and \$65.00 for the public.

### Weekly Activities

Singers (Chorus)

Aqua Exercise -Tues., Thurs. 6:40 AM & Fri. at 6:40AM

Piano Lessons –by appointment

Strength Training Instructor led- Tues. at 9:00AM

Green Felt Club – Senior 8 Ball League Wed., open play Mon & Fri. after 2:00.

Chicks With Sticks- Wed. at 1:00PM

Ceramics - Thurs. at 9:00AM

For information on class cost please call the center at 284-5821!

### Card Clubs

*There is **no charge for members** as your membership assists with center operations.*

**Non-members & out of town participants contribute \$1.00 per week in the office!**

Bridge - Tues. Ladies Bridge, Thurs. & Fri. at 1:00PM

Cribbage - Tues. at 1:00PM

Sheepshead - Thurs. at 1:00PM

500 Party - 1st Thurs. at 1:00 P.M.

### **Public Card Parties:**

Canasta 1st & 3rd Mon. 7:00PM

Sheepshead -7:00 PM Tues.

Pinochle-10:00 AM Wed.



### **Clubs and Organizations Meeting At the Center**

Greenfelt Club - Mon.-Fri. at 2:00PM and Sat. at 9:00AM.

City Commission on Aging - 2nd Mon. at 7:00PM in the lower level

VFW - Last Wed. at 7:00PM

## Special Events

### Lakeside Tea Society Little Black Dress Fashion History Show with a 1960's Tea



The Little Black Dress Show by Goodwill will be held Wed. Oct. 18 at **2:00PM** cost will be \$3.00 per member \$6.00 for guest. Please wear a black dress for the occasion. Black tea will be featured in the 1960's buffet style tea planned by Rhea. *Preview for Nov. 15: History of the Accordion & Helen Seidel on Accordion.*

**Bingo with Eleanor**  
**Senior Center Members & Dining Center Participants** are welcome to play bingo the second Monday of the month, October 9<sup>th</sup> at 12:30. Culver's is a sponsor of this event with coupons for a free single scoop as an added prize. It is a nickel a game. Lunch reservation due to Jill at 284-5672 by the prior Friday!

### AARP MATURE DRIVING Defensive Driving Course Registration now open!



AARP Mature driving course will be offered on Mon. Oct. 16 and Tues. Oct. 17 from 12:30-4:30. To receive a certificate of completion, you must complete the 8-hours divided into 4-hour classes over two days. The fee is \$10.00 per person, non-members \$12.00. Please make a reservation at 284-5821 or [ckiener@ci.port-washington.wi.us](mailto:ckiener@ci.port-washington.wi.us)

### Casino Night & Dinner

The 7th annual Italian dinner and casino game with auction for prizes is scheduled for Mon. Oct. 23. Heritage Nursing & Rehab will be our volunteer servers and casino dealers. Salad, Luigi's lasagna, dessert, coffee, and fun will be served. The cost will be \$8.00 for members & \$11.00 for guests. In order to prepare food order,



reservations & payment are **due Mon. Oct. 16.**

## Community Events

### Arthritis Exercise Class

**Pay as you go week's will by Oct 2 & 9!**

As an introduction, participants will pay only 2.00 per class with the 7-week fee due Oct. 16 for the session. The 7-week **evidence based** program will begin Mon. Oct. 16 at 9:30 AM. It will meet on the lower level of the Senior Center Mon & Wed for 7-weeks. The fee includes An Arthritis Foundation trained instructor with experience, exercise instruction & arthritis information. Member fee is \$25.00 per member (less than \$2.00 per class!) & \$35.00 for guest.

### Senior Housing Options

The Port HCE group will be hosting an informational session on senior housing options at their Oct. 11 meeting which is open to the public at the Center on Wed. Oct. 11 at 7:00 PM. No fee, please register by Oct. 9 for planning space.

### Prize Bingo – Gables on the Pond

Join us for lunch Mon. Oct. 16 and stay for bingo sponsored by Gables on the Pond. Who are they? Join us to find out more and enjoy BINGO!

### Hatha Yoga

The *benefits of yoga* include tension relief, deep breathing, and stress management. This popular 7-week class will be held at **to be announced**. Bruce Van Dyke returns to teach this level one Yoga course. The class will meet on Saturday at 9:15 AM beginning Sat. Nov 4 to Dec 16. **Class fee is \$50.00 for senior center members & \$60.00 for public.** Call the center or e-mail [ckiener@ci.port-washington.wi.us](mailto:ckiener@ci.port-washington.wi.us) for registration.

*New*

### Flu Clinic

Ozaukee County Health Department will be holding a flu clinic at the Senior Center on **Friday, October 15<sup>th</sup>**, 9:00 A.M. to 1:00 P.M. on the Lower Level. Make a lunch reservation before or after your shot with Jill at 284-5672.

### Senior Singers Bring Joy to Others

The chorus of the Center will be entertaining at Belgium Gardens on Mon. Oct. 23, Ellen's home Oct. 30, & Heritage Nov. 6. Join in if you enjoy singing or would like to bring cheer to seniors!

### Root Beer Float Day

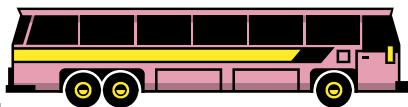
Lynncore MedGroup will be providing these at no cost after lunch on Wed. Oct. 25. Make a reservation for lunch or for just the float with Center office by Tues. Oct. 24! Following the floats, there will be a presentation at 1:00PM on the service.

### Scam Seminar from Ozaukee Bank

Wed. Nov. 1 at 1:00 PM. Come and learn about new scams. Educate yourself to help prevent becoming a victim. Hear first hand about the "new" pickpocket scam from a daughter whose mother experienced it!

### Massage Drawing

**The winner this month is: Joan Hansen.**



### Trip News

**Trip Policy:** Join us for trips we plan at the center or that we join with other Centers. **Prices are quoted for center members; guests add \$3.00 for day trips or as quoted for a specific trip as a non-member price.** Sign up is on or after the call in day listed with each trip. **You must register in advance and pay by the deadline or your name will be dropped from the list!** *Cancellations are not guaranteed a refund. Cancellations within TWO weeks will be refunded only if someone fills the opening! There are trips we reserve the right to advertise which are sponsored by travel*

*agencies. It is for your convenience that we advertise them. All other information is handled by the agency.* Brochures that are sent to us are made available on the craft counter or on the bulletin board. Contact the office regarding any special needs.

**WHEN LEAVING ON A DAY TRIP  
PLEASE PARK YOUR CAR IN THE  
SECOND & THIRD SET OF PARKING  
ROWS. THANK YOU!**

### Lunch Bunch

Will be eating at Fireridge Golf Course on Thursday, October 26<sup>th</sup> at 11:30 A.M. Reservations due to Center by Mon. October 23<sup>rd</sup>, with cost on your own. Fireridge Golf Course is the old Country Club of Wisconsin on Highway W between Saukville and Grafton.

### Historic Janesville – FILLED!

**Date: Tuesday, October 24**

**Depart at 7:45 AM & return 7:15 PM.** The cost for this day is \$65.00 per person.

### *Fox River Mall Holiday Shopping*

**Trip:** Mon. Nov. 20

**Payment Due Oct. 25 - FILLED**

Experience great shopping at over 180 of your favorite stores like J.C. Penney's, Sears, Marshall Field's, Younkers, Target, Ann Taylor and many, many more! Restaurants include Northwood's Café, Fox River Brewing Company, Atlanta Bread Company, TGI Friday's and the Food Court. **Lunch is on your own.** Door prizes will be given away on the bus! Depart Port at 8:45 a.m. and Return at 6:00 p.m. **Cost:** \$20.00 for a deluxe motor coach, snacks and beverage per member \$22.00 per guest.

### **ADDED TRIP FIRESIDE CHRISTMAS – NOV. 22**

**Payment due Oct. 18**

Depart Port at 8:15 AM.

See description below. Price is \$68.00 per person; guest \$71.00.



**Nov. Fireside Christmas**

**Trip Date:** Thur. Nov. 30

The day begins with a stop at Jones Dairy Farm for those interested in shopping their small outlet store. Then we proceed to the Fireside! Check out their unique Christmas items in the gift shop or stop at the tempting bakery. Lunch is served about 11:15 AM. The show begins at 1:30 with an all-new Fireside Christmas! Depart the Center at 8:00 AM. The cost is \$68.00 member & \$71.00 guest and includes deluxe motor coach, luncheon, show, & escort. **Payment due Oct. 19.**

**Chicago's Magnificent Mile Shopping**

Discovery Coach will have a stop at DQ in Saukville for this popular shopping day in downtown Chicago. The date is Wed. Dec. 6. Cost is \$37.00. Registration is direct with Discovery Coach at 1-800-444-2960.

**Doc Severinsen's "Holiday Pops"**

**Trip date: Sun. Dec. 10 –Waiting List**

**Payment due: October 10, 2006**

The tour begins with a visit to the M&I Bank to see the STEIFF life-size stuffed animal Christmas display. Then on to the Wyndam Hotel for a delicious luncheon. The final stop will be the Marcus Center for the holiday tradition of Doc Severinsen, the MSO and the MSO Chorus. The cost is \$79.00 per person, includes deluxe motor coach, escort, and luncheon, with dessert, Orchestra seat ticket. Depart Port at 10:15 AM and return approximately 5:45 PM.

**Dec. Fireside Christmas Show – wait list**

**Trip Date: Tues. Dec. 19**

**Payment due: Nov. 1, 2006**

The day begins with a stop at Jones Dairy Farm for those interested in shopping their small outlet store. Then we proceed to the Fireside! Check out their unique Christmas items in the gift shop or stop at the tempting bakery. Lunch is served about 11:15 AM. The featured menu: Breads, Gift From the Sea, **Chicken Saint Nick a Skinless** Breast of Chicken dipped in our special egg batter,

rolled in Coconut Panko Bread Crumbs, sautéed to a golden brown, glazed with Brandied Apricot Sauce; served with Asian Fried Rice and **dessert** Santa's Chocolate Chimney. The show begins at 1:30 with an all-new Fireside Christmas! Depart the Center at 8:00 AM. The cost is \$68.00 member & \$71.00 guest and includes deluxe motor coach, luncheon, show, & escort.

**2007 Trips**

**Hollywood Sings at the Fireside**

**Date: Thur. Jan. 18, 2007**

As soon as the movies learned to talk they began to sing. From Al Jolson to Fred Astaire, Ginger Rogers, Gene Kelly, Judy Garland, Elvis Presley, the Beach Party movies of Frankie Avalon and Annette Funicello up to the Beatles, John Travolta, and Olivia Newton John the Movie Musical has been entertaining millions of happy people for over 75 years. And now, continuing the tradition of their wildly popular live band shows, The Fireside presents this all new, spectacular musical revue paying tribute to the movie musical filled with singing, dancing, comedy, and great, great music.

**The Menu:** Cream of Carrot soup, chicken & ribs, potato croquet au gratin, green beans, coconut cake with amaretto cream filling & a raspberry sauce, coffee, tea or milk. The cost is \$73.00 for members and \$76.00 for guests. Payment due December 14, 2006.

**"Mid-Life" - The Crisis Musical**

**Trip Date: Sunday, January 21, 2007**

**Payment due: Dec. 28, 2006**

Three men and three women make up the cast of this wacky musical that takes a comic look at the 'age-old' conditions and situations faced in Mid-life. From reading glasses and mammograms to weekend warriors and proctology exams – all are lampooned in this show with a Saturday Night Live non-sensibility. Everyone will relate to this hilarious, and at times, touching musical about the curiosities and

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inevitability of middle-age. It's a humorous, forthright, no-holds barred assessment of what is often characterized as a challenging time in one's life -- that's MID-LIFE! If you bought some Ginkgo Biloba, but can't remember which cabinet you put it in -- then you're ready for MID-LIFE! Getting older might stink, but it sure beats the alternative! **Cost: \$51.00** includes meal which is a **choice off the menu ordered upon arrival:** ribs, duck, salmon, chef special, and more, ticket with show starting at 4:00p.m., Johnson School Bus, escort, & gratuities. Guests: \$54.00 **Depart:** Port Washington at 1:15. Return approximately 6:30PM

### Guys on Ice at the Schauer Center

**Trip Date: Thur. Feb. 15, 2007**



Ya der hey-hop on the snowmobile and head to the Schauer for a look behind the ice shanty door where Lloyd and Marvin enjoy the simple things in life: a sturdy fishing pole, a warm snowmobile suit and plenty of good beer! In pursuit of good fishing, Lloyd and Marvin find companionship as they work together to protect their beer from Ernie "the Moocher." Originally produced in cooperation with Door County's American Folklore Theater in celebration of Wisconsin's Sesquicentennial in 1998, this hilarious production celebrates the joy of a warm snowmobile suit in "Ode to a Snowmobile Suit," and their elusive "prey" in "Fish is de Miracle Food" and "De One Dat Got Away." "Guys on Ice" marks Milwaukee Repertory Theatre's first appearance at the Schauer. **Dinner: *The Mineshaft in Hartford*** please choose one: **1 lb T-bone steak** (rare, medium, well) soup, salad & baked potato; **chicken stir fry** served on rice; **trio salad platter of chicken, tuna & crab salad** served on lettuce with fresh fruit & croissant. **Cost:** \$54.00 includes deluxe motor coach, escort, dinner, gratuities, & show ticket.

Guests: \$57.00 **Depart:** Port 4:15p.m.  
Payment due Jan. 4, 2006

### 2007 Day Trips to date:

#### **Fireside Shows:**

March 22 – Fiddler on the Roof featuring Artistic Director Ed Flesch

June 7 – Odd Couple

Aug. 22 – Thoroughly Modern Millie

#### **General Trips**

Jan – Broadway Baby

Feb- Guys on Ice at Schauer Center

Mystery Day Trip

Boat Trip

Brewer's Baseball AND SO MUCH MORE

### Center Operations and Procedures

**Membership-** Annual membership is paid January to December. Individual fee is \$12.00 and Couple \$17.00 for City and Town of Port Residents. Out of town individuals may subscribe to the newsletter for **\$7.00** per year or to receive membership the fee is \$1.00 per week or \$62.00 per year, it includes the newsletter and may be paid quarterly.

**Bulletin Boards & Information** - Located on the glass counter in the main Room, on the television in the piano room, and the bulletin board in the main room are community and center related information of interest to you!

### *Welcome to New Members:*

Clarice Gruber, Margaret Adams, Linda Transue, Grace Fretty, and Doris Berndt

### *HAPPY BIRTHDAY*

1 *Leo Karrels*

2 *Allan Schowalter*  
*Paul Hansen*

3 *Doris Kolbach*

4 *Ruth Preisler*  
*Ronald Molitor*

5 *Charles Ross*

6 *Carl Federspiel,*  
*Eunice Bathke, Don Herbst*



- 7 *Ethel Laven*
- 8 *Lucille Weidner*
- 10 *Jackie Jushka*  
*Joan Groh, Elsa Molitor,*  
*Anabel Mason, Linda Transue*
- 11 *Bonnie Knaub*  
*Cel Maciejewski*  
*Barb Bichler, Louis Bertoní,*  
*Dolores Pauc*
- 12 *Helen Rokus*
- 13 *Dorene Knuth, Nancy Theisen,*  
*Lucille Keagy*
- 15 *Sylvia Weyker*
- 16 *Joyce Trepel*
- 17 *Theresa Antoine, Betty Mans*
- 18 *Beverly Schleg, Clarice Gruber*
- 19 *Violet Brabender*
- 20 *Rita Federspiel, Dale Koski*
- 21 *Carol Renzel*
- 24 *Charles Rinn*
- 25 *Ed Lanser, Barbara Taylor*
- 26 *Ione Ratatori, Mary Flierl*  
*Harold Johnson*
- 29 *Jeanette Ryer*
- 30 *Dorothy Bichler*  
*Karl Leicht*

**MEMBER RECRUITMENT**

Member recruitment time is here! Please bring a neighbor, friend or acquaintance to an event or for a visit. You will be entered in a drawing for Sentry gift certificate when you participate! New members will receive remaining of 2006 free when joining for 2007.



Scottish speaker with her children as they admire the Watermelon Tea Punch from July 2006!



Ken Wuncsh and Dean Shaver enjoying the picnic food catered by Newport Shores. July '06



Aileen Wiltgen tries out the new card table purchased from proceeds from Maxwell Street Days August!



Nancy Klever & Bev Schleg on the mystery  
Trip (it remains a mystery due to our friends  
in Cedarburg going to one of the same  
places!). August 2006