



**Port Washington Senior Center**  
**Celebrating 35 Years**  
**The Leisure Times**  
**December 2007**



Port Washington Senior Center  
 102 East Pier Street  
 (262) 284-5821  
 E-mail: [ckiener@ci.port-washington.wi.us](mailto:ckiener@ci.port-washington.wi.us)

Catherine Kiener, Director  
 Laurie Sucharda, Assistant  
 Kandy Bichler, Environment

**Center Office Hours: Monday – Thursday 8:30AM – 4:00PM**  
**Friday 8:30AM- 2:00PM**

**Mission: To promote healthy aging by providing cost effective programs, classes, activities and services to citizen's 55 years and better. Adopted April 10, 2002**

**Director's Report**

The Craft & Bake Corner is off to a good start. Thank you to everyone who contributed and to those who shop and buy prize tickets. The *Holiday Door Prizes* include a night stay at the Holiday Inn – Port, 2 Pre-season Packer Tickets, Santa, Sweater (size 16) with \$10 Kohl's, Afghan with \$10 Marcus & Picnic Blanket with \$25.00 New Port Shores Gift Certificate. All the proceeds benefit programs at the center such as classes, events, community volunteer thank you, entertainment or speakers. Please encourage family & friends to stop by for one of kind items or traditional handmade gifts.

**Travelers needed for our 2008 trips!**

Port Senior Center is now lagging behind Grafton and Cedarburg in travelers. Come alone or bring a friend either way day travel is an adventure.

The Senior Center is the community focal point for adults 55 and better! The individual members are what make the Center a place to be. Renew your membership now for 2008 and give yourself a gift of time spent meeting new and old friends at the senior center.

**UPCOMING EVENTS:**

- **Membership Christmas Luncheon**  
**Tues. Dec. 4**
- **Silent Auction Dec 4 – Jan 19**

- **Craft & Bake Corner to Dec. 19**
- **Dining Site Christmas Party 14<sup>th</sup>**
- **Helen's Accordion Christmas 19<sup>th</sup>**  
**11:30 – 1:15**
- **2008 Renewal due by Dec. 28**
- **Jan 24 Best of Bands Trip**

**Holiday Paper Collection for Center** – the annual paper for the center collection, need paper towels & bathroom tissue, drop donation in box near tree throughout December.

**The staff wishes you all a Merry Christmas and a Happy New Year!**

**GIFT CERTIFICATES**

The Senior Center has personalized gift certificates for classes, trips, etc. Please let your family know! 24 hour notice appreciated.

**Holiday Closings**

Senior Center & Dining Site are closed for Christmas Dec. 24 & 25 and New Year's Dec. 31 & Jan 1.

**Winter Weather Closings**

The Senior Center will close during severe weather such as a blizzard. Fox 6 is the Center's official station for notice.

### **Sentry Receipts due Jan 2, 2008**

All receipts from 4<sup>th</sup> quarter Oct., Nov., Dec are due for processing. First quarter is January 1 – April 30, 2008.

#### **Pick-n-Save We Care Program**

We need \$50.00 per quarter (we are up to \$7.00). *If you shop at Pick-n-Save* choose Port Senior Center as a recipient of the Community dollar program. **The number is 620450!** Customer service can help you add this to your card.

### **Thank You, Thank You**

#### **November Newsletter Crew:** Joan

Murphy, Ethelyne Schumacher, Betty Last, Rosemary Weiland Nelda Bartz, Marilyn Schmit, Sandi Preisler, Louise Fahey, and Joan Hansen.

#### **Thank You to the Craft set-up crew:**

Aileen Wiltgen, Barb Hunsicker, Ruth Lorge, Ruth Gasper, Trudi Paradise, & Bev Schleig

**Kudo's to:** Chicks with Sticks, crafters, bakers, & Ozaukee bank staff for all the donations for the fundraiser.

### **Volunteer Opportunities**

*Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in.*

**On-Call Office Assistant-** Anyone interested in learning about the Center through office volunteering, call Catherine.

### **Donations, Gifts or Memorial**

**“No man can become rich without himself enriching others.” Andrew Carnegie**  
*You can make the Port Senior Center a recipient of a gift, any time of the year.*

### **Programs & Classes for Healthy Living**

#### **Aqua Exercise Class**

One class is held on Tuesday, Thursday, and Friday at 6:40 AM. Cost is \$6.00 for

member and \$10.00 for non-member per month. Class is held at the District Aquatic Center TJ School on Holden St. **Substitute instructors needed & are paid; if interested contact Catherine for application.**

#### **Arthritis Exercise Course**

##### **Session VI Nov. 5 – Dec 19**

Mon & Wed. at 9:30am. Meet at Christ the King Lutheran Church on corner of Holden & Whitefish Bay Roads.

#### **Arthritis Foundation Exercise Course**

##### **Session I - Jan 7, 2008 – Feb 27, 2008**

Mon & Wed. at 9:30am. The fee includes an Arthritis Foundation trained instructor with experience, exercise instruction & arthritis information. Member fee is \$25.00 per member & \$35.00 for guest. Please register with fee by Jan.2, 2008. Meet at Christ the King Lutheran Church on corner of Holden & Whitefish Bay Roads.

*This Arthritis foundation course is an evidenced based fitness program especially for people with Arthritis. If you would like to try the course, a free trial day is Wed. Jan. 2 at 9:30AM at Christ the King Lutheran Church.*

#### **Friday Book Talk**

Fri. Dec. 14 at 9:30 at the Library, Santa Cruise by Mary Higgins Clark

will be reviewed by Dorothy Stoughton. *Preview for January 11* will be a planning meeting.



#### **Strength Training**

Class meets *Tuesday's 8:30 – 9:30*. The instructor is a certified personal trainer & senior exercise specialist. The fee for **this weekly class is \$10.00 per month member & \$15.00 for guest**. Join in these Steps to Healthy Aging & pump up your bones! New students go at your pace!

### **Blood Pressure Check**

Tuesday December 11th at 12:30 by a volunteer nurse. No fee.

### **Canasta**

Players meet at 7:00 PM on the 1<sup>st</sup> and 3<sup>rd</sup> Monday's. The month of December 3<sup>rd</sup> and 17<sup>th</sup>. Every one is welcome! **Non-member fee is \$1.00 per week.**

### **Ceramic Pottery- ALL Skill Levels**

Meets Thursday mornings from 9:00 – 11:00 the fee is \$2.00 per week for members plus glaze, firing, and green ware piece! Non-member fee is \$4.00 per week plus supplies.

### **Computer Classes**

#### **Computer Basics Beginner**

New classes in 2008!

#### **Computer Learning Lab**

The computers are available for members on Tues. & Thurs. from 10:00 AM-3:00 PM.

**Sign in & out at the office** *No lab time when a class is scheduled.*

### **CHICKS WITH STICKS**



Meets Wed. at 1:00 at the Center. Come share your patterns and ideas. Non-member fee is \$1.00 per week.

### **DRAWING CLASS- Adults & Seniors**

Sharpen your drawing skills...for beginners, intermediate and advanced! All are welcome; you need not be a member to join this class! Erin Callahan Blum is the instructor. ([www.watercolor.50megs.com](http://www.watercolor.50megs.com)) Class will meet Jan. 21 – Feb. 18 from 1:00 – 3:00. Class fee is \$55.00 for Senior Center Members and \$60.00 for the general public plus supplies. Register early to receive your supply list.

### **Green Felt Club**

Interested members needed for this Wed. league and will be assigned to a team. Cost is \$18.00 for season plus must be member of

Senior Center. Pool is played on other days Center is open.

### **Library Project at Center**

The Library arranges for books and videos to be checked out on an honor system for senior's convenience. Please keep video's 1 week or less! Thank you. *There is a sign posted for the date the Center returns the books and videos to the Library. Please return by this date.*

### **Pinochle**

This card game is played Wed. at 10:00 AM. If interested, come to the center on Wed. There is no fee for members and non-members, \$1.00 per week.

### **Board Game Thursday's**



Meets 2<sup>nd</sup> & 4<sup>th</sup> Thur at 10:30 AM! Dec. 13- scrabble & 27- Thirty-one. Prize drawing for \$5.00 to Sentry Foods each week thanks to Comfort Keepers. No fee for members and guests pay \$3.00 per month. **Please register monthly at the Center for planning.** Register by Dec. 7. *Preview: January 10 & 24 Yahtzee & Skip Bo. Register by Jan.7.*

### **Senior Singers – Community Service**

Join this musical group at 9:30 on Mondays. The group sings for other seniors at apartments, nursing homes, and assisted living centers. No fee for members and \$1.00 per week for guests.

### **Walkers & Hikers**

The Hearty Healthy Hikers have decided that our walks/hikes should continue through the winter. December's first hike, on Thursday, December 13, will be from the Grafton Senior Center to Cedarburg. We'll do "light shopping" (Everything will have to be carried back), enjoy lunch, and walk back. December 27, our "Walk Off the

**New**

Turkey Hike" will be a stroll along the beach. Walks begin at the Senior Center. Please join us.

Call Elaine, 284-1838, if you have questions about our walks. Hearty Healthy Hikers welcomes new members to the group. All hikes begin at the Senior Center; we carpool as necessary to starting points.

### Monday at the Movies Dec. 17



Featuring: *the Holiday*

Fun movie! Two beautiful women, Amanda Woods (Cameron Diaz) and Iris Simpkins (Kate Winslet) both find themselves at the end of failed relationships just before Christmas. Amanda decides to take a two week vacation and surfs the internet. She meets Iris online, and they agree to swap their homes for the holidays. Amanda lives in Los Angeles and Iris lives in the countryside of Surrey, England. Even though they now have a change of scenery and want no contact with men, they are both still depressed and lonely. But things are about to change when Iris' brother Graham (Jude Law) drops by Iris' house and meets Amanda. On the other side of the world, Iris meets Miles (Jack Black) a film composer. **New DVD player so entire movie will be shown!**

### Writers' Circle- Write On

The Second Wednesday of the month at 10:30, Dec. 12 on the lower level, the group brings sample of their writing to share. Books to help the writing process are also shared. No fee for members and \$1.00 per meeting guests. Call Center to register by Mon. Dec. 10.

### Weekly Activities

Singers (Chorus) – Mon. 9:30-11:00 AM  
Aqua Exercise -Tues., Thurs. 6:40 AM & Fri. at 6:40AM  
Piano Lessons – Tues. by appointment  
Strength Training - Tues. at 8:30AM

Green Felt Club – Senior 8 Ball League  
Wed., open play Mon & Fri. after 2:00; Sat at 9:00

Chicks with Sticks- Wed. at 1:00PM

Ceramics - Thurs. at 9:00AM

For information on class cost please call the center at 284-5821!

### Card Clubs

There is **no charge for members** as your membership assists with center operations.

**Non-members & out of town participants contribute \$1.00 per week in the office!**

Bridge - Tues. Ladies Bridge, Thurs. & Fri. at 1:00PM

Cribbage - Tues. at 1:00PM

Sheepshead - Thurs. at 1:00PM

### Public Card Parties:

Canasta 1st & 3rd Mon. 7:00PM

Sheepshead -7:00 PM Tues.

Pinochle-10:00 AM Wed.



### Clubs and Organizations Meeting

#### At the Center

Greenfelt Club - Mon.-Fri. at 2:00PM  
And Sat. at 9:00AM.

City Commission on Aging - 2nd Mon. at 7:00PM in the lower level

VFW - Last Wed. at 7:00PM

## Special Events

### Lakeside Tea Society

#### Toy Tea

Remember your favorite Christmas toy, bring a toy to share, learn what the hot toys for 2007 are, and share a cup of Christmas tea with a sweet on Wed. Dec 19 at 1:30.

Cost is \$2.00 for members & \$4.00 per guest. Reservation due Mon. Dec. 17.

**Preview for Jan. 16: A Little History of Tea** Guest speaker Mae Robinson will share a little history of tea as the group begins its 9<sup>th</sup> year.



### 35<sup>th</sup> Anniversary Christmas Membership Luncheon

Payment due on Tues. Nov. 27.

The annual Christmas luncheon will take place at the American Legion in Saukville on hwy 33 on TUES. DEC. 4. Doors open at 10:45 AM for cocktails. The holiday music provided by the Port High Madrigal Singers, buffet lunch, to be followed by door prizes. **Menu:** salad, relish tray, rolls, roast pork loin, tenderloin tips, Spaetzle with gravy, whole green beans, California blend vegetables, dessert, and coffee for \$14.00 per person members and \$17.00 for guests.

**Port Washington Senior Center & Port Washington Dining Site Events:** NOTE MENU WAS CHANGED AFTER PRINTED FOR NEWSLETTER see pg 8!  
6- Gingerbread ornament craft (Laurie)  
10- Eleanor's bingo with extra prizes from Comfort Keepers & cash  
17 – Movie *the Holiday*  
19 – Helen's Accordion Christmas begins at 11:30 – 1:30.  
Events on 10 & 17 begin 12:30 PM. Lunch reservations due to Jill 24 hours in advance at 284-5672.

### **Community Events**

**Christmas Craft & Bake Corner**  
The annual fundraiser for the Senior Center is open during business hours through Wed. Dec. 19. There will be many handcrafted items to choose from including original watercolors, knit or crocheted gifts, ceramics, needlework, red hat items, and more! *Please support this sale, which supports unfunded programs for Port Senior Citizens.*

**Holiday Drawing Items:** One night at Holiday Inn, 2 Pre-Season Packer Tickets, Sweater & Kohl's \$10 Gift Card, Afghan & Marcus \$10 Gift Certificate, Picnic blanket & New Port Shores \$25.00 Gift Cert. Stop at sale to enter or enter during office hours until Dec. 19 (drawing at 2:30).

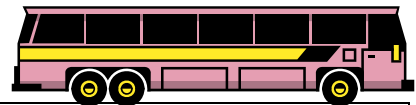
### **Hatha Yoga for Adults & Seniors**

The *benefits of yoga* include tension relief, deep breathing, and stress management. This popular 7-week class will be held in the Thomas Jefferson Middle School Library. Bruce Van Dyke returns to teach this level one Yoga course. The class will meet on Saturday at 9:15 AM beginning Sat. Jan. 12 – Feb.23. **Class fee is \$50.00 for senior center members & \$60.00 for public.** Call the center or e-mail [ckiener@ci.port-washington.wi.us](mailto:ckiener@ci.port-washington.wi.us) to register by January 11, 2008. **Payment due with registration.**

*New*

### **Monthly Massage Drawing**

Congratulations to Helen Greene Oct. winner. Enter once a month at the Center. Celeste M. donates this prize.



### **Trip News**

**Trip Policy:** Join us for trips we plan at the center or that we join with other Centers. **Prices are quoted for center members; guests add \$3.00 for day trips or as quoted for a specific trip as a non-member price.** Sign up is on or after the call in day listed with each trip. **You must register in advance and pay by the deadline or your name will be dropped from the list!** *Cancellations are not guaranteed a refund. Cancellations within TWO weeks will be refunded only if someone fills the opening! There are trips we reserve the right to advertise which are sponsored by travel agencies. It is for your convenience that we advertise them. All other information is handled by the agency.* Brochures that are sent to us are made available on the craft counter or on the bulletin board. Contact the office regarding any special needs you have.

**WHEN LEAVING ON A DAY TRIP PLEASE PARK YOUR CAR IN THE SECOND & THIRD SET OF PARKING ROWS. THANK YOU!**

### Lunch Bunch

Returns Wed. January 30 at 11:30 at Port Hotel. Cost is on your own. Call Center for a reservation by Mon. Jan. 28. This will be a planning lunch for 2008 destinations.

### FIRESIDE CHRISTMAS TRIPS

**Fri. Dec. 21, 2007 – waiting list**

Over the past 15 years the Christmas show has become a must-see tradition for tens of thousands of people. It's always original with new songs, new dances, and a new cast yet the heart of the show never changes. It is, simply one of the best Christmas revues you'll ever see. **Correct menu:** snowflake salad, roasted New York strip sirloin of beef, English Holiday Trifle. The price of Fireside Christmas dinner, show, and gratuities is: \$73.00 for a member and \$76.00 for a guest this include deluxe motor coach, luncheon, show and escort. Depart 8:15 AM.

### SISTER'S CHRISTMAS

**CATECHISM – Filled**

**Friday, December 14, 2007**

**The Schauer Center in Hartford**

**Payment due with registration.**

It's "Forensic Files goes to Bethlehem" in **Sister's Christmas Catechism**. Sister takes on the mystery of "Whatever happened to the Magi's gold?" (Mary used the frankincense and myrrh as a sort of potpourri - they were in a barn after all.)

Retelling the story of the nativity, as only Sister can, this hilarious production includes members of the Hartford Community Chorus. **Cost: \$64.00 per person Member/ \$67.00 Guest** Includes Buffet Dinner at the Schauer, ticket, gratuities, escort, and deluxe motor coach transportation. **Depart:** Port at 4:30



### Oneida Bingo & Casino Trips

Yearly schedule available at Center. Landmark Tours provides this trip several times a month. Call 375-1426 to register.

### Day Trips 2008

**FIRESIDE BEST OF BANDS**

**Decades of Fun!**

**Date: Thur. Jan. 24, 2008 -15 Seats**

**Payment due with reservation**

The Fireside's All New Live Band Revue is a tribute to the great bands---the Big, Rock, Jazz and Country Bands. They will feature music from the 40's, 50's and 60's and beyond. It's a show filled with laughs and cheers and great, great music. Don't miss this all new original musical sensation!

**MENU:** Cream of Shiitake Mushroom Soup, Freshly baked breads from the Fireside Ovens, Chicken Piccata, Charleston Rice with Jones Original Family Recipe Sausage, green snap peas and young carrots and for Dessert Tarte Aux Pommes. Cost is \$75.00 for members and \$78.00 for guests. Includes a stop at Jones Dairy Farm store, wonderful meal, show ticket, escort, gratuities, and roundtrip deluxe motorcoach transportation.



### FIRESIDE BEST OF BANDS Trip2

**Date: Fri. Feb. 8, 2008 - 20 Seats**

**Payment due Dec. 26, 07.**

A second date for this popular Live Band Revue Show. Depart 8:15. Cost \$75.00 member and \$78.00 guest.

### Admirals vs Providence Bruins Hockey Game

**Date: Feb. 29, 2008**

The Grafton Chorus will be singing the National Anthem with the Port Singers and anyone who would like to join. Celebrate the leap year with the excitement of ice hockey. Transport is by Johnson School bus. Cost is \$20.00 includes ticket, school

bus, gratuity, & escort. Take a grandchild, neighbor or friend. Payment due Jan. 29, 2008

### ANYTHING GOES AT FIRESIDE

Date: Thur. March 27, 2008

#### Registration now open

Come aboard our ship for the granddaddy of all madcap musicals - full of ocean voyages, mistaken identities, wacky love triangles,



disguises, surprises, and dazzling tap dancing all tied together with one of the most beloved musical scores by one of America's greatest songwriters - Cole Porter. Filled with such classic tunes as "I Get a Kick Out of You," "Blow Gabriel Blow," "Friendship," "You're the Top," and "Anything Goes," this is far more than just a pleasure cruise - this is a fun-filled trip you'll never forget. Menu: Cruise to Asia Salad, fresh baked breads, roast tenderloin of beef, dessert is chocolate praline mousse, and coffee, tea. Payment due Feb. 14, '08.

### Experience the 11<sup>th</sup> Century - Medieval Tournament

#### Registration begins Nov. 1, 2007



The Great Show & Feast will be attended by the Kings subjects Thur. April 3, 2008. Learn the history behind this English pastime. The day begins with the trip to the castle aboard the modern mode of transportation a deluxe motor coach. Upon arriving we will be seated for the Kings banquet as eaten in the 11<sup>th</sup> Century. *The bill of fare: garlic bread, tomato bisque soup, roasted chicken, spare rib, herb basted potato, pastry of the Castle, beverages.* Cost: \$68.00 for members and \$72.00 for guests which includes deluxe motorcoach transportation, meal, show, gratuities, snacks, and escort. Departure: 8:00 AM from Port and 8:15 AM from

Grafton return time approximately 6:00 PM. Payment due February 15, 2008.

### 2008 Day Trips

#### Fireside

Thur. June 5 - Barefoot in the Park  
Wed. July 16- The Rock & The Rabbi  
Thur. Sept. 4 - How to Succeed in Business  
Thur. Nov. 13 - Christmas & 12 Days Gift  
Fri. Dec. 12 - Fireside Christmas

#### General Trips 2008

May & June - Brewer's games  
July - A Day in the Bay, Not Green Bay but Sturgeon Bay  
Summer - Discovery World  
September - NEW Mystery Trip

#### Extended Trips

Sept. 18-22 - Frankenmuth, Michigan  
Mid Nov. - Branson, Missouri  
Planning is still occurring for 2008 trips!  
Watch newsletter for more information.

**New**

### Center Operations and Procedures

**Membership-** Annual membership is paid January to December. Individual fee is \$12.00 and Couple \$17.00 for City and Town of Port Residents. Out of town individuals may subscribe to the newsletter for **\$7.00** per year or to receive membership the fee is \$1.00 per week or \$62.00 per year, it includes the newsletter and may be paid quarterly.

**Bulletin Boards & Information** - Located on the glass counter in the main Room, on the television in the piano room, and the bulletin board in the main room are community and center related information of interest to you!

**Recyclables** - There is a container on both levels for aluminum cans. The can should be rinsed then deposited in container. Clean cans are preferred for recycling. Thanks to all who help.

**In Memoriam**

Our thoughts and prayers are with the families of: Anyone who may be remembering a loved one!

**Welcome New Members**

We look forward to seeing you at the Center! Stop in and reintroduce yourself or use your free coupon for lunch!  
Bernie O'Brien

**HAPPY BIRTHDAY**

- 1 Wiladaen Young,  
Margaret Kelsey
- 2 Carol Panek
- 3 Mary Schulz,  
Anna Marie Weyker
- 4 Martha Bolz, James Schleg
- 7 Joe Demler
- 8 Charles Wolf, Syl Bares
- 9 Ted Zembrzuski
- 11 Margaret Salm, Jean Shaver  
Muriel Crowbridge
- 12 Carol Beck
- 13 Carol Heniadis
- 14 Jerome Bolz
- 15 Eleanor Schaefer,  
Jim Wester, Sally Krueger
- 19 Sandra Preisler, Tom Klotz
- 20 Karl Schulz, Lorelee Brown
- 23 Rita Decker, Ruth Gasper,  
RubyKnight
- 24 Mary Becker, Bea Funke
- 25 Theresa Demler,  
Keith Ramthun
- 26 Adeline Schmitz
- 27 Betty Last, Joan Bley,  
Alice Kolbach
- 28 Elaine Kranz
- 29 Olga Senn
- 31 Sylvester Prom



**Wisconsin Park and Recreation Association 25 Year Service Awards** presented to (L to R) Danielle Hencker, Catherine Kiener, & Judy Judd - Nov 7,07



Nova Scotia Tea Presenters: Jennie Greisch, Aileen Wiltgen, Canadian cape, Barb Hunsicker, Ruth Lorge, Carlo Mazza

**Port Dining Site Menu**

**Dining Menu was changed after that page printed!** The only dates with correct menu are Dec 4, 6, 7, 17, 19 & 21.

<u>Date</u>	<u>Main Entrée</u>
3	Turkey & stuffing
5	Baked Chicken
10	Turkey Ala King
11	Baked Chicken
12	Sloppy Joes
13	Meat Loaf
14	Pork Cutlet
18	Ham & scalloped potatoes
20	Italian Meat Sauce & spaghetti
26	Lasagna
27	Swedish meatballs