

Port Washington Senior Center Celebrating 35 Years



The Leisure Times October 2007

Port Washington Senior Center
102 East Pier Street
(262) 284-5821
E-mail: ckiener@ci.port-washington.wi.us

Catherine Kiener, Director

Kandy Bichler, Environment

**Center Office Hours: Monday – Thursday 8:30AM – 4:00PM
Friday 8:30AM- 2:00PM**

Mission: To promote healthy aging by providing cost effective programs, classes, activities and services to citizen's 55 years and better. Adopted April 10, 2002

Director's Report

Please welcome Laurie Sucharda as the new assistant. She will work primarily Wed, Thur, and Fri morning. Laurie has an art, therapy, & activity background.

There are five key components to brain health, and the Center offers activities regularly in four of them! The FIVE: Socialization, Physical Activity, Mental Stimulation, Nutrition, and Spirituality. Join us at the Center to promote your health.

The Common Council approved Haag Mueller Architects in Port Washington for the Senior Center Study. There will be a general membership meeting with them during the process. A strategic plan committee kickoff meeting is planned.

UPCOMING EVENTS:

- Watercolor Class Oct. 15
- Casino Night October 22nd
- Halloween Party at noon on 31st
- Craft & Bake Corner Nov.

Membership Card Perk for October

Cousins Subs in Port (Harbor Square) will give 10% off your order with your card!

Sentry Receipts Due Oct. 1

All receipts from July, Aug, & Sept are due Mon. Oct. 1 for processing. Next quarter is October 1 – December 31, 2007.

Pick-n-Save We Care Program

We need \$50.00 per quarter (we are up to \$7.00). *If you shop at Pick-n-Save* choose Port Senior Center as a recipient of the Community dollar program. **The number is 620450!** Customer service can help you add this to your card.

Thank You, Thank You

September Newsletter Crew: Joan Murphy, Ethelyne Schumacher, Betty Last, Rosemary Weiland Nelda Bartz, Weiland, Marilyn Schmit, Sandi Preisler, Louise Fahey, and Joan Hansen.

Thank You Bakers & Helpers for the Retirement Party

Grace Fretty, Ruth Gasper, & Edie Webb. Marge Lampert, Barb Hunsicker, Aileen Wiltgen, Ruth Gasper, Barb Robb, & Joan Murphy.

Volunteer Opportunities

On-Call Office Assistant- Anyone interested in learning about the Center through office volunteering, call Catherine.

Donations, Gifts or Memorial

“No man can become rich without himself enriching others.” Andrew Carnegie
New Yarn needed for the projects for the Craft Sale in November!

You can make the Port Senior Center a recipient of a gift, any time of the year.

Programs & Classes For Healthy Living

Aqua Exercise Class

One class is held on Tuesday, Thursday, and Friday at 6:40 AM. Cost is \$6.00 for member and \$10.00 for non-member per month. Class is held at the District Aquatic Center TJ School on Holden St. **Substitute instructors needed; if interested contact Catherine for application.**

Arthritis Exercise Course Introduction

Session V Sept. 17 – Oct. 31, 2007

Mon & Wed. at 9:30am. The fee includes an Arthritis Foundation trained instructor with experience, exercise instruction & arthritis information. Member fee is \$25.00 per member & \$35.00 for guest due Sept. 12. Meet at Christ the King Lutheran.

Session VI Nov. 5 – Dec 19 is last session for 2007! Please register with fee by Nov. 5.

Friday Book Talk

Fri. Oct. 12 at 9:30 a.m. at the Library, Eileen Herbst will review "Tortilla Curtain" by Boyle. *Preview for Nov. 9: JoAnn Buivid will review "Sunflower" by Richard P Evans.*

Strength Training

Class meets *Tuesday's 8:30 – 9:30*. The instructor is a certified personal trainer & senior exercise specialist. The fee for **this weekly class is \$10.00 per month member & \$15.00 for guest**. Join in these Steps to Healthy Aging & pump up your bones! New students go at your pace!

Blood Pressure Checks

Tuesday October 9th at 12:30 by a volunteer nurse. No fee.

Canasta

Players meet at 7:00 PM on the 1st and 3rd Monday's. The month of October 1st, 15th and 29th. Every one is welcome! **Non-member fee is \$1.00 per week.**

Ceramic Pottery- ALL Skill Levels

Meets Thursday mornings from 9:00 – 11:00 the fee is \$2.00 per week for members plus glaze, firing, and green ware piece! Non-member fee is \$4.00 per week plus supplies.

Computer Classes

Computer Basics Beginner – Need 4!

Tues. Oct. 2 & Thur. Oct. 4 from 5:00 PM-6:00 PM. Class will provide an introduction to using the mouse and keyboard. Other topics covered include instruction on working with windows and a discussion of computer terminology. Cost is \$10.00 member and 15.00 guest.

Computer Genealogy Research -1 open

Kathy Harvey has successfully used the internet, computer, & library records for genealogy research. She will lead a class Oct. 9 & 16th from 1:00 – 2:30 pm. She will demonstrate how to access library resources, as well as general genealogy research so bring a library card. . **LIMIT of 4 students.** Fee is \$3.00 for member and \$6.00 for guest.

Computer Learning Lab

The computers are available for members on Tues. & Thurs. from 10:00 AM-3:00 PM.

Sign in & out at the office *No lab time when a class is scheduled.*

CHICKS WITH STICKS

Meets Wed. at 1:00 at the Center. Come share your patterns and ideas. Non-member fee is \$1.00 per week.



Paint Holiday Penguin Item

Jennifer Jacek will be back to lead this class in one-stroke on Wed. Nov. 7 at 1:00-4:00. The item will be finished with a penguin and will be either an ornament or paper Mache item. Cost to be announced. Register by Oct.31 with payment.

Green Felt Club

Interested members will be rated A or B for this Wed. league and will be assigned as a substitute. Cost is \$18.00 plus must be member of Senior Center.

New

New

Library Project at Center

The Library arranges for books and videos to be checked out on an honor system for senior's convenience. Please keep video's 1 week or less! Thank you. *There is a sign posted for the date the Center returns the books and videos to the Library. Please return by this date.*

Pinochle

This card game is played Wed. at 10:00 AM. If interested, come to the center on Wed. There is no fee for members and non-members, \$1.00 per week.



Board Game Thursday's

Meets 2nd & 4th Thur with a new time of 10:30 AM! Oct. 11 th will be Scrabble Oct. 25 will be at 10:00 to learn Sudoku. Nov. will meet the 2nd & 5th Thurs for Yahtzee & skip bo. Prize drawing for \$5.00 to Sentry Foods each week thanks to Comfort Keepers. No fee for members and guests pay \$3.00 per month. **Please register monthly at the Center for planning.** Register by Oct. 10 and Nov. 7.

New Time

Sudoku

As mentioned in the Director's Report, Brain Health is important to a healthy aging process. This number game will help facilitate a challenge to you. Rosemary Weiland will teach beginners an introduction to the game. Class meets Thurs. Oct. 25 & Nov. 1 10:00 – 11:30 a.m. in the piano room. The dollar fee covers paper cost and guests pay \$3.00. **Register by Oct. 22.**

New

Senior Singers – Community Service

Join this musical group at 9:30 on Mondays. The group sings for other seniors at apartments, nursing homes, and assisted living centers. No fee for members and \$1.00 per week for guests.

Walkers & Hikers

All walks begin at the Senior Center. Car-pool from Center for out of town walks, unless otherwise noted.

Remember: water & wear walking shoes!

Oct. 11 - Ice Age Trail near Holy Hill – TBA Walkers/Hikers always welcomes new members to the group. Join us on the second and fourth Thursdays of each month as we explore paths and trail in or around Port Washington. For our next hike , October 11, we'll be hiking a bit of the Ice Age Trail near Holy Hill, "leaf-peeping" at and around Holy Hill, and stopping for lunch somewhere in that area. On October 25 we'll hike in Port Washington.. All hikes begin at the Senior Center; we carpool as necessary to starting points. Call Elaine for more information, 284-1838.



Monthly Movie Mon. Oct. 29 Monster House (91 minutes)

Little DJ has suspicions about the house across the street and the cranky old man who lives there. When the old man has a heart attack and is carried away by an ambulance, DJ thinks the danger is over. Unfortunately, as he, his friend Chowder, and a candy-selling prep-school girl named Jenny discover, the house itself has plans--plans that include eating all the kids who'll be trick-or-treating that Halloween night!

Lunch reservations due to Jill by Fri. Oct. 26.

Water Color Class – NEED 2 Students

Date: Mondays Oct 15 – Nov. 12

Register & Pay by Mon. Oct. 8

This 5-week class for beginners and others interested in developing techniques is 1:30-3:30. There is a weekly demonstration to each class. The cost is \$55.00 for Center members and \$65.00 for the public.

Minimum of 7 students preferred!

Writers' Circle- Write On

The Second Wednesday of the month at 10:30, Oct 10 on the lower level, the group brings sample of their writing to share. Books to help the writing process are also shared. No fee for members and \$1.00 per meeting guests. Call Center to register.

Weekly Activities

Singers (Chorus) – Mon. 9:30-11:00 AM
Aqua Exercise -Tues., Thurs. 6:40 AM & Fri.
at 6:40AM

Piano Lessons – Tues. by appointment

Strength Training - Tues. at **8:30AM**

Green Felt Club – Senior 8 Ball League Wed.,
open play Mon & Fri. after 2:00; Sat at 9:00

Chicks with Sticks- Wed. at 1:00PM

Ceramics - Thurs. at 9:00AM

For information on class cost please call the
center at 284-5821!

Card Clubs

There is **no charge for members** as your
membership assists with center operations.

Non-members & out of town participants
contribute \$1.00 per week in the office!

Bridge - Tues. Ladies Bridge, Thurs.
& Fri. at 1:00PM

Cribbage - Tues. at 1:00PM

Sheepshead - Thurs. at 1:00PM

Public Card Parties:

Canasta 1st & 3rd Mon. 7:00PM

Sheepshead -7:00 PM Tues.

Pinochle-10:00 AM Wed.



Clubs and Organizations Meeting

At the Center

Greenfelt Club - Mon.-Fri. at 2:00PM
And Sat. at 9:00AM.

City Commission on Aging - 2nd Mon. at
7:00PM in the lower level

VFW - Last Wed. at 7:00PM

Special Events

Lakeside Tea Society

A Pommeranian Wedding & Harvest Tea
with speaker Elaine Kraft, from the
Pommeranian Freistadt group, on Wed. Oct.
17 at 1:30. Bienenstich and Messmer fruit tea
will be served. Cost is \$2.00 for members &
\$4.00 per guest. Reservation due Mon.Oct.
15. **Preview for Nov. 21: Nova Scotia Tea**

Port Washington Senior Center & Port Washington Dining Site Events:

8- Eleanor's bingo with Culver's prize & cash

9- Diabetes Educator

29 – Movie

31 – **Halloween Party**:music, prizes & bingo

Events begin 12:30 PM. Lunch reservations
due to Jill 24 hours in advance at 284-5672.

Halloween Party

Who says this is just for candy? Feel young
again and join us for the Center's party with
the noon lunch. There will be spooky music,
prizes and bingo for those who enjoy that
game. Costumes are optional! Lunch
reservation due to Jill by Oct. 30 at noon.

Community Events

Diabetes Education

A Diabetes Educator will be at the center
Tues. Oct. 9 at 12:30. Topics to be discussed
are nutrition and current medications
available. Register in office or call Jill for
lunch reservation by Oct. 8. No fee program.

Flu Clinic

Ozaukee County Health Department will be
holding a flu clinic at the Senior Center on
Friday, Oct. 5th, 9:00 A.M. to 1:00 P.M. on
the Lower Level. Make a lunch reservation
before or after your shot with Jill at 284-5672.
Shots available will be flu, pneumonia, and
Td (tetanus/diphtheria). Medicare part B will
cover the flu & pneumonia shots. Medicare
Advantage plans will need to pay upfront.
Cost is flu \$23.00, Pneumonia \$30, and Td
\$5.00. For further questions call Public
Health Department at 284-8170.

Bowling Chicks

Wed. Morning league at 9:00 at Harbor Hills
started in Sept. Call Jody at 262-692-9369 to
join or sub.



Casino Night & Dinner

The 8th annual Italian dinner and casino game
with auction for prizes is scheduled for Mon.
Oct. 22. Heritage Nursing & Rehab will be
our volunteer servers and casino dealers.
Salad, lasagna, dessert, coffee, and fun will be
served. The cost will be \$8.00 for members
& \$11.00 for guests. In order to prepare food
order, **reservations & payment are due**
Mon. Oct. 15.



Life Line Screening

Saving lives through preventive screening with non-invasive painless screenings using Doppler ultrasound technology. The tests are three for stroke or osteoporosis. Call the company for an appointment on Mon. Oct. 29 at the Senior Center. 1-800-324-1851. Each test is \$50.00 or \$139.00 (all 4 screenings).

Who Gets Grandpa's Fish Pole or Grandma's Pie Plate?

This is one of the last offerings by the UW-Extension of this popular educational program on non-titled property distribution. Mary Fran Lepaska will lead the discussion on Wed. Oct. 31 at 10:00 -11:30 a.m. or 6:30-8:00 p.m. in room 118 of the Oz County Admin. building. This is a free program with registration due Oct. 26 to 284-8288.

Saving for College

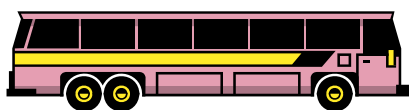
During MoneySmart Week in Wisconsin, on Thursday, October 11th, Mary Fran Lepaska, Family Living Educator, UW-Extension, Ronnie Morgan, Senior Underwriting Office, and Cindy Hunsicker, Chief Financial Officer, Port Washington State Bank will discuss the many ways that parents, children and grandparents can begin saving for future college costs. All three presenters have or had children in college. The 7:00 p.m. program will be held at the Administration Center, 121 W. Main St., Port Washington. For more information, contact UW-Extension at 284-8288.

Monthly Massage Drawing is back

Congratulations to Bev Schleg Sept. Enter at the Center. Member Celeste M. donates this.

Craft & Bake Corner

Mark your calendar for the annual event at the Center opening Mon. Nov. 26. Bakery will be due by 9:00 AM on the 26th. Craft items due to the Center by Nov. 12. Contact Laurie for more information.



Trip News

Trip Policy: Join us for trips we plan at the center or that we join with other Centers. Prices are quoted for center members: guests add \$3.00 for day trips or as quoted for a specific trip as a non-member price. Sign up is on or after the call in day listed with each trip. You must register in advance and pay by the deadline or your name will be dropped from the list! *Cancellations are not guaranteed a refund. Cancellations within TWO weeks will be refunded only if someone fills the opening!* There are trips we reserve the right to advertise which are sponsored by travel agencies. It is for your convenience that we advertise them. All other information is handled by the agency. Brochures that are sent to us are made available on the craft counter or on the bulletin board. Contact the office regarding any special needs.

WHEN LEAVING ON A DAY TRIP PLEASE PARK YOUR CAR IN THE SECOND & THIRD SET OF PARKING ROWS. THANK YOU!

Lunch Bunch

Oct. 25 at 11:30 at Fireridge. Cost is on your own. Make reservation to Center by Mon. Oct. 22. *Preview for Nov.28: Flipside in Grafton*



Secrets Every Smart Traveler Should Know at Apple Holler - Tuesday, Oct. 2, 2007

The day begins with a kringle demonstration in Racine, then off to Apple Holler for wine & cheese followed by lunch and the fast pace musical revue. **Depart Port at 8:15** and return about 5:15 PM.



Mystery Trip Wed. Oct. 24

Call Center with meal choice by Oct. 10!

Where to? That is the question of the day. Shhh... the **menu is a choice of roast pork** with apple sauerkraut **or Tilapia** (baked with lemon Beurre Blanc) accompanied by Chef's choice vegetable potato or rice, fresh baked bread, dessert, and coffee or tea. **Depart at 8:15** with a return in early evening.

Fox Valley Mall Shopping

On November 19th we will again be shopping until you drop at the



River Mall in Appleton. The price is \$21.00 for a deluxe motor coach bus, snacks, and beverage. Lunch is on your own. Door prizes will be drawn on the bus. Bus will leave Port at 8:45 a.m. and return at approximately 6:00 p.m. Get your Christmas shopping done early. More information on the front glass counter. Payment due by November 1st.

CHRISTMAS IN THE DELLS

**Wednesday, November 28, 2007 – Wait List
Payment due October 18th**

Our holiday celebration begins with a Christmas Luncheon at the Broadway Dinner Theatre in the Dells followed by the “Christmas in the Dells show.” This original holiday revue in the style of New York City Christmas Spectacular features holiday favorites from around the world, from traditional to contemporary. The cost is \$73.00 per person. The trip includes fully escorted, deluxe motor coach, luncheon and show. Bus departs at 8:00 A.M.

FIRESIDE CHRISTMAS TRIPS

**Friday November 30th - waiting list
Payment due Fri. Oct. 12**

OR

**Fri. Dec. 21, 2007 – 8 seats left
Payment due Fri. Nov. 9**

Over the past 15 years the Christmas show has become a must-see tradition for tens of thousands of people. It’s always original with new songs, new dances, and a new cast yet the heart of the show never changes. It is, simply one of the best Christmas revues you’ll ever see. The price of Fireside Christmas dinner, show, and gratuities is: \$73.00 for a member and \$76.00 for a guest this include deluxe motor coach, luncheon, show and escort. Depart 8:15 AM.



SISTER’S CHRISTMAS CATECHISM

**Friday, December 14, 2007
The Schauer Center in Hartford
Registration now open**

It’s “Forensic Files goes to Bethlehem” in Sister’s Christmas Catechism.



Sister takes on the mystery of “Whatever happened to the Magi’s gold?” (Mary used the frankincense and myrrh as a sort of potpourri - they were in a barn after all.)

Retelling the story of the nativity, as only Sister can, this hilarious production includes members of the Hartford Community Chorus.

Cost: \$64.00 per person Member/ \$67.00 Guest Includes Buffet Dinner at the Schauer, ticket, gratuities, escort, and deluxe motor coach transportation. **Depart:** Port at 4:30
Payment due October 31, 2007

Oneida Bingo & Casino Trips

Yearly schedule available at Center. Landmark Tours provides this trip several times a month. Call 375-1426 to register.

Day Trips 2008

FIRESIDE BEST OF BANDS

Date: January 24, 2008

Reservations now open

The Fireside’s All New Live Band Revue is a tribute to the great bands---the Big, Rock, Jazz and Country Bands. They will feature music from the 40’s, 50’s and 60’s and beyond. It’s a show filled with laughs and cheers and great, great music. Don’t miss this all new original musical sensation!

MENU: Cream of Shiitake Mushroom Soup
Freshly baked breads from the Fireside Ovens, Chicken Piccata, Charleston Rice with Jones Original Family Recipe Sausage, green snap peas and young carrots. And for Dessert Tarte Aux Pommies.

Cost is \$75.00 for members and \$78.00 for guests. Includes a stop at Jones Dairy Farm store, wonderful meal, show ticket, escort, gratuities, and roundtrip deluxe motorcoach transportation. Payment due Dec. 6, 2007

ANYTHING GOES AT FIRESIDE

Date: Thur. March 27, 2008

Registration begins Oct. 1

Come aboard our ship for the granddaddy of all madcap musicals - full of ocean voyages, mistaken identities, wacky love triangles, disguises, surprises, and dazzling tap



New

New

dancing all tied together with one of the most beloved musical scores by one of America's greatest songwriters – Cole Porter. Filled with such classic tunes as “I Get a Kick Out of You,” “Blow Gabriel Blow,” “Friendship,” “You’re the Top,” and “Anything Goes,” this is far more than just a pleasure cruise – this is a fun-filled trip you’ll never forget. Menu: Cruise to Asia Salad, fresh baked breads, roast tenderloin of beef, dessert is chocolate praline mousse, and coffee, tea. Payment due Feb. 14, '08.

2008 Day Trips

Fireside

Thur. March 27 – Anything Goes
 Thur. June 5 - Barefoot in the Park
 Wed. July 16- The Rock & The Rabbi
 Thur. Sept. 4 – How to Succeed in Business
 Thur. Nov. 13 – Christmas with 12 Days Gift
 Fri. Dec. 12 – Fireside Christmas

General Trips

Planning is still occurring for 2007 trips! Watch newsletter for more information the next several months!

Center Operations and Procedures

Membership- Annual membership is paid January to December. Individual fee is \$12.00 and Couple \$17.00 for City and Town of Port Residents. Out of town individuals may subscribe to the newsletter for **\$7.00** per year or to receive membership the fee is \$1.00 per week or \$62.00 per year, it includes the newsletter and may be paid quarterly.

Bulletin Boards & Information - Located on the glass counter in the main Room, on the television in the piano room, and the bulletin board in the main room are community and center related information of interest to you!

Recyclables – There is a container on both levels for aluminum cans. The can should be rinsed then deposited in container. Clean cans are preferred for recycling. Thanks to all who help.

In Memoriam

Our thoughts and prayers are with the families of: William “Bill” Bley

Welcome New Members

We look forward to seeing you at the Center! Stop in and reintroduce yourself or use your free coupon for lunch! Dereatha Miller, Donna Nehrbass, Elsa & Ronald Molitor, Paul Taylor, David & Winifred Hughes

HAPPY BIRTHDAY

- 1 *Leo Karrels*
- 2 *Allan Schowalter, Paul Hansen*
- 4 *Ruth Preisler*
- 5 *Charles Ross*
- 6 *Carl Federspiel,*
Eunice Bathke, Don Herbst
- 7 *Ethel Laven*
- 8 *Lucille Weidner*
- 10 *Jackie Jushka, Joan Groh,*
Anabel Mason
- 11 *Bonnie Knaub,*
Cel Maciejewski, Barb Bichler,
Louis Bertoni, Dolores Pauc
- 13 *Dorene Knuth, Nancy Theisen*
- 15 *Denise Ketter, Sylvia Weyker*
- 16 *Joyce Trepel*
- 17 *Theresa Antoine, Betty Mans*
- 18 *Beverly Schleg, Clarice Gruber*
- 19 *Violet Brabender, Mary Weiss*
- 20 *Rita Federspiel*
- 21 *Carol Renzel*
- 23 *Elizabeth Klotz*
- 24 *Mary Diener, Charles Rinn*
- 25 *Ed Lanser, Barbara Taylor*
- 26 *Ione Ratatori, Mary Flierl,*
Harold Johnson
- 27 *Jim Greisch*
- 29 *Jeanette Ryer*
- 30 *Dorothy Bichler, Karl Leicht*
- 31 *Lois VanderGeeten*



Fast Facts & Notes

October is National Breast Cancer Awareness Month! Early Detection is best protection! Congratulations to those who are survivors.

Extra Paper Bags

If you have brown paper bags we need some for the newspapers at the Center.



Pat Neitz & friend enjoying ice cream social Aug 30



Bonnie's Retirement Party



Shirley & Eleanor at Strength Training



Horseshoe Winners: Curt Eddy, Warren Haseley, Loshel Pierringer, Pauline Schmidt

Thought for the Month

*Life is like a journey taken on a train
With a pair of travelers at each windowpane.
I may sit beside you all the journey through,
Or I may sit elsewhere, never knowing you.
But if fate should mark me to sit at your side,
Let's be pleasant travelers – It's so short a ride! - Anonymous*