

Port Washington Senior Center Celebrating 35 Years



The Leisure Times October 2008

Port Washington Senior Center
102 East Pier Street
(262) 284-5821
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Catherine Kiener, Director

Kandy Bichler, Environment

**Center Office Hours: Monday – Thursday 8:30AM – 4:00PM
Friday 8:30AM- 2:00PM**

Mission: To promote healthy aging by providing cost effective programs, classes, activities and services to citizen's 55 years and better. Adopted April 10, 2002

Director's Report

The Common Council placed the recommendation of a site for a new center back to the Senior Center! The strategic plan group will welcome new members and establish a new time frame for making a recommendation. There will be focus group meetings for members of the center and community to give input with the committee ultimately weighing the advantages and disadvantages of sites and making a selection. **KEEP TALKING TO YOUR ALDERMAN IF YOU WANT TO SEE THE CENTER MOVE INTO THE 21ST CENTURY.**

Thank you to the members who have attended council meetings and spoke with your alderman. **The time to continue to press for upgrades to adult senior facilities is now.** In Wisconsin this year, Germantown & Two Rivers have completed expansions!

The Center needs each member to consider recruiting a family member, friend or neighbor to join for 2009. Remember, it is 55 and over for membership benefits. Please invite those you care about to share in this community treasure!

UPCOMING EVENTS:

- **Port Grads attend homecoming lunch Thur. Oct 2 at Center**
- **AARP Mature Driving Class lower level Oct 13 -14**
- **Lighthouse Tea Oct. 15**

- **Italian Casino Night Oct. 20**
- **Halloween Party at lunch Oct. 31**
- **Christmas Craft & Bake Corner Nov. 17 opens**

Membership Recruitment

October is a month for every member to recruit new members. When a new member joins for 2009, they receive 3 months free in '08. Members who recruit new members are entered into drawing for Sentry gift certificate!

Sentry Receipts

Receipts due Oct. 2 for 3rd quarter. Third Quarter July 1- Sept 30, 2008. Thank you everyone for saving receipts.

Pick-n-Save We Care Program

If you shop at Pick-n-Save choose Port Senior Center as a recipient of the Community dollar program. **The number is 620450!** Customer service can help you add this to your card. We care is up to \$29.00!

Thank You, Thank You

September Newsletter Crew: Betty Last, Louise Fahey, Joan Murphy, Esther Bley, Sandi Preisler, Joan Hansen, Nelda Bartz, & Rosemary Weiland.

Kudos to: Lois Bertoni & Harold Johnson for the bocce court shade set up.

Volunteer Opportunities

Tuesday Night Sheepshead Coordinator-

Interested in rotating the responsibility of opening, set-up, & closing about 1x month. Contact Catherine or Esther Bley.

Office Volunteer – On call individual to help answer phone, make change, record payments. Call Catherine for training.

Senior Chorus Director- The current Director will begin the fall session. Please refer musically inclined people to the office.

Craft Sale Set-Up – Fri. Nov. 14 9:00 -11:30 2-4 people needed contact office by Nov. 7

Wii bowling coordinator – Contact Catherine if interested in leading this new program.

What are Wii Games?

Wii (pronounced we) is an electronic game system by Nintendo that simulates a variety of sports like bowling, golf, tennis that two people can play. It is connected to the television so you see the action and you hold a controller in with wrist strap to simulate the action required in the sport.

This affords a player to work on balance and be active with out the stress on joints of the traditional sport.

Donations, Gifts or Memorial

“No man can become rich without himself enriching others.” Andrew Carnegie
You can make the Port Senior Center a recipient of a gift, any time of the year.

Programs & Classes for Healthy Living

Aqua Exercise Class

One class is held on Tuesday, Thursday, and Friday at 6:40 AM. Cost is \$6.00 for member and \$10.00 for non-member per month. Class is held at the District Aquatic Center TJ School on Holden St.

Arthritis Foundation Exercise Course

(Co-Sponsored by the Arthritis Foundation)

Session VI Dates: Sept. 22 – Nov. 5, 2008

Session VII Dates: Nov. 10 – Dec. 22, 2008

Mon & Wed. at 9:30am for seven weeks. The fee includes an Arthritis Foundation trained instructor with experience, exercise

instruction & arthritis information. Member fee is \$25.00 per member & \$35.00 for guest. Please register with fee by Sept. 17. Meet at Christ the King Lutheran Church on corner of Holden & Whitefish Bay Roads.



Friday Book Talk

Friday, Oct. 10 at 9:30 at the Library, Water for Elephants by Sarah Gruen will be reviewed by Jan Meyle. *Preview for Nov. 14: Joann Buivid will review Glas Castle by Walls.* New members welcome to join any month!

Strength Training - 5 Class openings
Class meets **Tuesday's 8:30 – 9:30**. The instructor is a certified personal trainer & senior exercise specialist. The fee for **this weekly class is \$10.00 per month member & \$15.00 for guest**. Join in these Steps to Healthy Aging & pump up your bones! New students welcome, go at your pace!

Blood Pressure Check

Oct. 7 at 12:30 by a volunteer nurse. **No fee. Meet the new nurse!**

Canasta or “Hand and Foot”

Players meet at 7:00 PM on the 1st and 3rd Monday's: 6& 20 (7:15 START). Every one is welcome! **Non-member fee is \$1.00 per week.**

Ceramic Pottery- ALL Skill Levels

Meets Thursday mornings from 9:00 – 11:00 the fee is \$2.00 per week for members plus glaze, firing, and green ware piece! Non-member fee is \$4.00 per week plus supplies. Ceramic instructor will be present on the 1st, 3rd and 5th Thursday's of the month.

Painting Projects -Any one who would like to paint during ceramic time is invited to bring their project, a \$1.00 per week fee will be collected.



CHICKS WITH STICKS

Meets Wed. at 1:00 at the Center. Come share your patterns and ideas. Non-member fee is \$1.00 per week.

Knitting with Beads Speaker

New

Nancy Vander Puy will speak on Victorian type purses with beads on Wed. Nov. 12 and share ideas for custom knit beaded purses. No charge for members \$2.00 per guest. Guests please register by Mon. Nov. 10.

Pressed Flower Project – 8 openings

DATE: Thur. Oct. 9

Brenda will lead a craft project at 1:00-3:00. Participants will make a pressed flower framed hanging. Make for yourself, as a gift or to donate to the annual Craft sale. The cost will be \$15.00/17.00 guest includes all materials. **Register by Oct. 7 with fee.**

Adult Water Color Class Session 2

Erin Blum welcomes beginners and intermediate painters to this 5 week class beginning Mon. Oct. 27. The fee is \$55.00 for members and \$65.00 for guests. Class meets upstairs 1:00 – 3:00 PM. unless noted.

Walkers & Hikers

Meet October 9, **last walk of the season** at the Center at 9:30 am for walk start or car pool to start. Members no fee guest \$1.00 per week.

Green Felt Club

Fall league is under way. Members must be in good standing with the Senior Center which means dues to the Center are current. "B" players needed this season. Stop in Wed at 12:30 if interested in playing.

Pinochle

This card game is played Wed. at 10:00 AM. If interested, come to the center on Wed. There is no fee for members and non-members, \$1.00 per week.

Game Day



Meets 2nd & 4th Thurs. at 10:30 AM! Oct. 9- Yahtzee and 23 – Scrabble. **Prize drawing for \$5.00 to Sentry Foods each week thanks to Comfort Keepers.** No fee for members and guests pay \$3.00 per month.

Senior Singers – Community Service

Monday's at 9:30 AM. The group begins singing in the community in mid-October. Join in bringing smiles to others. New Singers welcome & needed!



Monday Oct. 27 at the Movies

Feature: Leatherheads

A romantic comedy set in the world of 1920s football, where the owner of a professional team drafts a strait-laced college sensation, only to watch his new coach fall for his fiancée. Stars George Clooney & Renee Zellwiger. PG-13 about 114 minutes. Movie starts about 12:30. *Sponsored by Video Plus Port Washington.* Make a lunch reservation by Fri. Oct. 24 with Dining Manager, Jill at 284-5672.

Library Project at Center

The Library arranges for books and videos to be checked out on an honor system for senior's convenience. Please keep video's 1 week or less! Thank you. *There is a sign posted for the date the Center returns the books and videos to the Library. Please return by this date.* **Missing Videos: Atlantic Vistas & from Aug. Being Julia**

Weekly Activities

Singers (Chorus) – Monday's at 9:30 AM
Aqua Exercise -Tues., Thurs. 6:40 AM & Fri. at 6:40AM

Piano Lessons – will return soon, **Contact Center for more information.**

Strength Training - Tues. at 8:30AM

Green Felt Club – Senior 8 Ball League Wed., open play Mon & Fri. after 2:00, Sat at 9:00

Chicks with Sticks- Wed. at 1:00PM

Ceramics - Thurs. at 9:00AM

For information on class cost please call the center at 284-5821!

Card Clubs

There is **no charge for members** as your membership assists with center operations.

Non-members & out of town participants contribute \$1.00 per week in the office!

Bridge - Tues. Ladies Bridge, Thurs. & Fri. at 1:00PM

Cribbage - Tues. at 1:00PM
Sheepshead - Thurs. at 1:00PM

Public Card Parties:

Canasta 1st & 3rd Mon. 7:00PM
Sheepshead -7:00 PM Tues.
Pinochle-10:00 AM Wed.



Clubs and Organizations Meeting

At the Center

Open 8-Ball/Greenfelt Club –Mon.-Fri. at 2:00PM (except when needed for class space) And Sat. at 9:00AM.
City Commission on Aging - 2nd Mon. at 7:00PM in the lower level
VFW - Last Wed. at 7:00PM

Special Events

Lakeside Tea Society

Lighthouses of Wisconsin Tea

The topic is Wisconsin lighthouses as photographed by Jon Enright. Please register by Mon. Oct. 13. Cost is \$2.00 per member and \$4.00 per guest. ***Preview for November: Fall Fest Nov. 19.***



Casino Night & Dinner

The 9th annual Italian dinner and casino games: Roulette and Black Jack is scheduled for Mon. Oct. 20. Game instructions provided. Heritage Nursing & Rehab will be our volunteer servers and casino dealers. Included is a packet of play money with your winnings used for bidding on prizes. Salad, lasagna, dessert, coffee, and fun will be served. The cost will be \$8.00 for members & \$11.00 for guests. In order to prepare food order, **reservations & payment are due Mon. Oct. 13.**



Port Washington Senior Center & Port Washington Dining Site Events:

2 – 1st Homecoming Lunch at Center with “pirate theme” take home gift

- 6 -Blood Pressure Checks
- 13- Eleanor’s bingo with extra prizes from Comfort Keepers & cash
- 9– Game Day with Yahtzee
- 27 – Lunch & a Movie *The Leatherheads*
- 31 – Halloween Costume party with prizes

Lunch reservations due to Jill 24 hours in advance at 284-5672.

Community Events

Homecoming Lunch Calling Port Grads!

Show your Pirate Spirit at the 1st Homecoming lunch at the Senior Dining Site. Reservation due Oct. 1 to Jill. Meal cost only what you can afford!



AARP Driver Safety Course –Class Openings

Dates: Mon. Oct. 13 & Tues Oct. 14

Register & pay by Thurs. Oct. 9.

Check with your insurance for any discount upon course completion. The popular 8 hour course will be presented at the Senior Center on Oct 13 & 14 from 10:00 – 2:00 PM. Participants will refresh themselves on the rules of the road, changes in driving regulations, etc. This is an informative interactive class previous participants have stated they learned a few tips to help them. **Course fee** is \$10.00 for members and \$12.00 for guests. Minimum number of students 10.

New Member Recruitment – Recruit a member to join and enter for a Sentry Gift Certificate! New member receives 3 months free when paying for 2009 during October recruitment time!

Flu Clinic

Ozaukee County Health Department will be holding a flu clinic at the Senior Center on **Friday, Oct. 10th**, 9:00 A.M. to 1:00 P.M. on the Lower Level. Make a lunch reservation before or after your shot with Jill at 284-5672. Shots available will be flu, pneumonia, and Td (tetanus/diphtheria). Medicare part B will cover the flu & pneumonia shots. Medicare Advantage plans will need to pay upfront. Cost is flu \$25.00, Pneumonia \$40, and Td \$7.00. For further questions call Public Health Department at 284-8170.

NEW

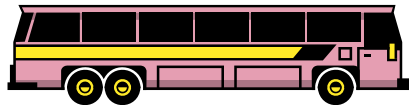
Preview 2009 Extended Trip: Islands of the Palm Coast

Date: Mon. Nov. 3 at 11:30 am

Mayflower rep Amy Allen will give an overview presentation of the trip with DVD highlights of the sights. **Pick up color brochure at Center.** There is no charge, stay for lunch on your own at the Center. Lunch reservations to Jill.

Prepare to Care

Many of us will provide care of some type to a loved one, will receive care or be both a caregiver and a care recipient. Are you prepared? This FREE educational program will focus on ways to help you and your family discuss and create a care giving plan for yourself or a loved one. Receive a free planning guide for families. Wed. Oct. 8 or Tues. Oct. 21 6:30-8:00 PM. Call UW-Extension at 284-8288 to register.



Trip News

Motor coach travel has the least emissions of plane or motor travel. Save the planet travel by bus with us!

Trip Payment & Refund Policy: Prices are quoted for center members: guests add \$3.00 for day trips or as quoted for a specific trip as a non-member price. Sign up is on or after the call in day listed with each trip. You must register in advance and pay by the deadline or your name may be dropped from the list!

Cancellations are not guaranteed a refund. Cancellations within THREE weeks will be refunded only if someone fills the opening! There are trips we reserve the right to advertise which are sponsored by travel agencies. It is for your convenience that we advertise them. All other information is handled by the agency. Contact the office regarding any special needs you have.

WHEN LEAVING ON A DAY TRIP PLEASE PARK YOUR CAR IN THE SECOND & THIRD SET OF PARKING ROWS. THANK YOU!

Lunch Bunch

Wed. Oct. 29 at Cream & Crepe Café in Cedarburg at the Woolen Mill. There are stairs. Meet there at 11:30. Cost is on your own. Call Center for a reservation by Mon. Oct. 27.

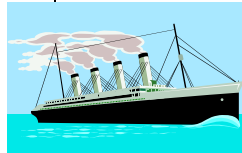
Titanic: The Artifact Exhibit – Filled

Date: Wed. Oct. 22, 2008 – Wait list only

PLEASE BE SURE YOUR LUNCH CHOICE IS CALLED IN BY OCT.6.

Lunch choice: Sautéed salmon, rotisserie chicken with shiitake

mushroom sauce, or beef Bourgogne. Depart at 8:00 AM. From Port.



In Our Own Backyard Adventure

Featuring: Harley Davidson & Grohmann Museums – Filled; wait list only

Date: Tues. Oct. 28, 2008

Depart the Center at 7:30 AM.



Christmas in the Dells –only 7 seats

Date: Thur. Nov. 6

Payment due Oct. 1, 2008.

Our holiday celebration begins with a Christmas Luncheon Feast at the BROADWAY DINNER THEATRE IN THE DELLS followed by the “Christmas in the Dells Show.” This original holiday revue in the style of New York City Christmas Spectacular features holiday favorites from around the world, from traditional to contemporary. Don’t miss singing elves, dancing toys, Mr. & Mrs. Claus and of course “The True Meaning of Christmas.” Cost is \$79.00 per person. Includes admission, dinner, gratuities, and deluxe motor coach transportation.

Fox Valley Mall Shopping –Accepting Waiting list only

Date: Mon. November 17th

We will again be shopping until you drop at the Mall in Appleton. The price is \$22.00 for a deluxe motor coach bus, snacks, and beverage. Lunch is on your own. Door prizes will be drawn on the bus. Bus will leave Port at 8:45 a.m. and return at approximately 6:00

p.m. Get your Christmas shopping done early. Payment due by November 1st.

Fireside Christmas

Thur. Nov. 13 – 12 SEATS

Payment for Nov. 13 due Oct. 2

OR

Fri. Dec. 12 – Accepting Wait list

Payment for Dec. 12 due Oct. 29

Depart: 8:00 AM

“Bursting with Cheer & Holiday Spirit”



A FIRESIDE CHRISTMAS is always new and exciting, with new costumes and sets, new songs and dancing, and new ways to tell the familiar stories of the season. But what never changes is our faithfulness to the traditions and memories of this most joyous time of the year. See Sept Leisure Times for menu or pick up brochure at Center. Cost: \$75.00 for members and \$78.00 for guests.

Oneida Bingo & Casino Trips 2008

Contact Landmark Tours 375-1426 for reservation. Oct. 9 & 30; Nov. 20, Dec. 11

2009 Day Trips

Fabulous Fifties Part 2 at the Fireside

Date: Thurs. Jan. 22, 2009

Payment Due Mon. Dec. 15, 2008

Everybody loves a good sequel!! Every year the movie theatres are filled with them and patrons flock by the millions to revisit their favorite characters and stories. From the creators of The Fireside’s spectacular Live Band Revues comes this fast-paced, tuneful, hilarious, rocking tribute to that delicious decade that brought us TV dinners, hula hoops, and rock and roll. Taking up where the first show left off **THOSE FABULOUS FIFTIES - Part 2** is filled with music, laughs and memories from such immortal greats as Jerry Lee Lewis, Buddy Holly, Bobby Darin, Rosemary Clooney, Dave Brubeck, The Platters, Little Richard, Sid Caesar, Patsy Cline, Nat King Cole, Elvis Presley and much, much more. It’s a fun-filled look

New

back at America’s happiest days. Cost is \$80.00 for members and \$82.00 per guest.

Fireside

Thur April 30 – Disney High School Musical

Thur Sept 10 – The Sound of Music

Thur. Nov. 19 – Christmas 2009

General Trips

Planning is still occurring for 2009 trips!

Watch newsletter for more information the next several months!

2009 Extended Trip with Port, Grafton & Cedarburg Seniors

Islands of the Palm Coast

Motorcoach Value Tour

Departure Date: April 24, 2009

From \$1209 Twin Rate

(includes insurance)

9 Days • 12 Meals

- Free home or local pickup and return
- 12 Meals (4 dinners and 8 breakfasts)
- 4 Nights in St. Augustine on beautiful Anastasia Island at a beachfront hotel
- Dinner and show at the Alhambra Dinner Theatre
- Historic guided Trolley Tour of St. Augustine with included three day pass
- Florida Heritage Museum
- Enjoy dinner at The Reef Restaurant with its ocean views
- Scenic cruise of Matanzas Bay aboard the Victory III
- Visit historic St. Augustine and discover the many shops along St. George Street
- Amelia Island touring including Fernandina Beach and historic Centre Street
- Fort Clinch State Park
- Anheuser Busch Brewery Tour
- Orlando optional day trip to Epcot Center and Walt Disney World
- Guided tour of historic Montgomery, Alabama
- U.S. Space and Rocket Center
- \$45 in [Mayflower Money](#)



New

\$210.00 deposit with Cancellation fee waiver due with reservation. Reserve as soon as possible! Trip show comes in November.

Center Operations and Procedures

As we plan for the Year, we encourage our members who **may need** special assistance to register for events, programs, and trips **with a friend, family or caregiver to provide the assistance** they may need. Due to the limit of staff, the Center can not provide one-on-one

assistance during the event, class, or trip. Please register with staff so we can be aware of individual needs.

Membership- Annual membership is paid January to December. Individual fee is \$12.00 and Couple \$17.00 for City and Town of Port Residents. Out of town individuals may subscribe to the newsletter for **\$7.00** per year or to receive membership the fee is \$1.00 per week or \$62.00 per year, it includes the newsletter and may be paid quarterly.

Bulletin Boards & Information - Located on the glass counter in the main Room, on the television in the piano room, and the bulletin board in the main room are community and center related information of interest to you!

Recyclables – There is a container on both levels for aluminum cans. The can should be rinsed then deposited in container. Clean cans are preferred for recycling. Thanks to all who help.

In Memoriam

Our thoughts and prayers are with the families of: Lynn Hauser and for Gene Novak whose wife died.

HAPPY BIRTHDAY

- 1 *Leo Karrels*
- 2 *Allan Schowalter, Paul Hansen*
- 4 *Ruth Preisler*
- 5 *Charles Ross*
- 6 *Carl Federspiel,*
Eunice Bathke, Don Herbst
- 7 *Ethel Laven*
- 8 *Lucille Weidner*
- 10 *Jackie Jushka, Joan Groh,*
LindaTransue
- 11 *Bonnie Knaub,*
Cel Maciejewski,
Barb Bichler,
Louis Bertoni, Dolores Pauc
- 13 *Dorene Knuth,*
Nancy Theisen
- 15 *Denise Ketter,*
Sylvia Weyker

- 16 *Joyce Trepel*
- 17 *Theresa Antoine,*
Betty Mans
- 18 *Beverly Schleg,*
Clarice Gruber
- 19 *Violet Brabender,*
Mary Weiss
- 21 *Carol Renzel*
- 23 *Elizabeth Klotz*
- 24 *Mary Diener,*
Charles Rinn
- 25 *Ed Lanser,*
Barbara Taylor
- 26 *Ione Ratatori, Mary Flierl,*
Harold Johnson
- 27 *Jim Greisch, Elsa Molitor*
- 29 *Jeanette Ryer*
- 30 *Dorothy Bichler, Karl Leicht*
- 31 *Anabel Mason*

Thought for the Month

*Life is like a journey taken on a train
With a pair of travelers at each windowpane.
I may sit beside you all the journey through,
Or I may sit elsewhere, never knowing you.
But if fate should mark me to sit at your side,
Let's be pleasant travelers – It's so short a
ride! - Anonymous*

This is so true for our Senior Center membership drive! Experience someone new through attending a different event than you normally do at the center!

Online resource

Grandparents.com

Recipe Corner

Blueberry Steusel Coffee Cake

From Geraldine Kovatch

¾ c sugar; ¼ c butter; ¼ c honey
2 T. ground lavender flowers; 1 C sour cream;
2 eggs; 1 tsp vanilla; 2 C flour; ¼ tsp salt;
1-1/2 tsp baking powder; ½ tsp baking soda;
¼ c chopped almonds (I omit this); 12 oz
blueberries fresh or frozen
Streusel mixture

2/3 C brown sugar; 3/4 C all-purpose flour;
1 tsp cinnamon 1/2 tsp nutmeg; 5 T butter,
softened

In a mixing bowl, beat sugar, butter, honey,
and lavender until fluffy. Add sour cream,
eggs, and vanilla. Mix well. In another bowl,
stir together the flour, baking powder, baking
soda and salt. Add to creamed mixture. Mix
until well blended. Spread in a greased 9x13
inch pan. Sprinkle the almonds and
blueberries over the dough. Mix the streusel
ingredients together until crumbly and place
over the top of the coffee cake. Bake at 350 F
for about 50 minutes or until a tester inserted
in the center comes out clean. Cool before
serving.



Touching a sting ray at Pier Wisconsin – Day
Trip Fun!