

Port Washington Senior Center
Celebrating Summer Ice Cream Social Thur. Aug. 27
The Leisure Times
August 2009



Port Washington Senior Center
 102 East Pier Street
 (262) 284-5821
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Catherine Kiener, Director
 Assistant
 Kandy Bichler, Environment

Center Office Hours: Monday – Thursday 8:30AM – 4:00PM
Friday 8:30AM- 2:00PM

Mission: To promote healthy aging by providing cost effective programs, classes, activities and services to citizen's 55 years and better. Adopted April 10, 2002

Director's Report

The City Personnel Committee has not made a decision on the Assistant position that was budgeted for 2009. It is an important staff position for the function, communication, and center operating hours. The Commission on Aging is asking you to contact your alderman and voice support for the continuation of this position!

Congratulations to the Firehouse Friends group! At the Ozaukee County Fair they were awarded 21 Blue Ribbons (1st Place) on a variety of projects. Among the Chicks with sticks 18 Blue ribbons were awarded and Aileen Wiltgen was the recipient of a Yellow Award of Merit for an afghan! Stop and see some of the items on display in the showcase. Remember, some of these will be at the November craft sale!

Tell your friends and relatives about the **Summer Ice Cream Social** for seniors (yes, 55 & better), no charge thanks to Harris Bank & the Rotary at Rotary Park Aug. 27.

UPCOMING EVENTS:

- **Ozaukee County Information & Assistance Staff**
Member Aug. 17 11:00 – 1:00 at the Center
- **Free Ice Cream Social**
Rotary Park Aug.27 see page 5 for details
- **September Senior Center Month & Membership recruitment**



Sentry Receipts

Second Quarter April 1 – June 30, 2009 is due July 1.

Pick-n-Save We Care Program
If you shop at Pick-n-Save choose Port Senior Center as a recipient of the Community dollar program. **The number is 620450!** Customer service can help you add this to your card.

Thank You, Thank You

Belated Thanks Chicks with Sticks: A dedicated group of members put together a sale table for the Street Festival and made \$367.00! A portion **purchased 2 new folding tables for the Center**, one used at the picnic, and some will purchase yarn for future projects.

Picnic Sponsors: Heritage & Staff Diane & Melanie; John & staff from Newport Shores, & the local business donors (see list at Center). **Paper product donations:** 43 multi-packs & 58 single paper packs!

July Newsletter Crew: Joan Murphy, Sandy Priesler, Ethylene Schumacher, Betty Last, Joan Hansen, Rosemary Weiland, Sharon Brown, & Nelda Bartz.

Office Volunteers: For stepping up to help out as the city determines the future of the assistant position.

Volunteer Opportunities

You make a living by what you get, but you make a life by what you give. -- *Winston Churchill*

Home Knitters & Crocheters: Not a member of Chicks but would like to make something for the Nov. Craft Sale? Stop on a Wed and check out some yarn for a Center project.

Regular 4th Friday Office Volunteer 10:30 – 2:00PM. Contact Catherine

Fall Wii Bowling Coordinator, should know how to operate the Wii but will provide training. Contact Catherine!

Donations, Gifts or Memorial

You can make the Port Senior Center a recipient of a gift, any time of the year.

The Friends of the Port Washington Senior Center is a 501-C organization which can accept your charitable gifts now or designated for the future. To join, pick up an application at the Senior Center.

Programs & Classes for Healthy Living

Adult Horseshoe League

League play Tuesdays at 9:30 AM at the courts on Moore Road until Aug.25.

Aqua Exercise Class

One class is held on Tuesday, Thursday, and Friday at 6:40 AM. Cost is \$6.00 for member and \$10.00 for non-member per month. Class is held at the District Aquatic Center TJ School on Holden St. You do not need to get your hair wet, bring a towel & suit, and increase your flexibility. Register monthly at the Center or 284-5821.

Arthritis Exercise Course Session V July 27- Sept. 9

New session

Arthritis Exercise Course Session VI Sept. 14 – Oct. 28

Mon & Wed. at 9:30am for seven weeks. The fee includes an Arthritis Foundation trained instructor with experience, exercise instruction & arthritis information. Member

fee is \$25.00 per member & \$35.00 for guest. Register with fee by Sept. 9, '09. Meet at Christ the King Lutheran Church on corner of Holden St. & Whitefish Road.

Bocce Ball

Weekly team games on Tuesdays, at 9:30 continuing through Sept. 15. **Please register at the Center monthly if new.** No fee for members and \$10.00 guests for the summer weekly games.



Friday Book Talk

Friday, Sept. 11 at 9:30 at the Library. The book, *One Thousand Splendid Suns* by Hosseini will have a review by Roz Warren. New members welcome to join any month!

Strong Women Program Session III

Introduction will be Tues. Aug. 18 with class starting Tues. Sept 1 – Nov. 24.

It is beneficial to both sedentary and active women. This 12-week exercise program for women 40 and older will be offered Tues. & Thurs. mornings 9:30 – 10:30 AM at the Park and Rec Office. The cost will be \$50.00 per member and \$55.00 per guest plus equipment.

Tai Chi Chuan Form II

Dates: June 29- Aug. 17 at 10:00 AM
Payment due June 29.

This is a continuation for current students only! Beginners & new students contact office for information.

Class fee \$65.00 per member and \$75.00 per guest. Minimum of students may apply.

Yoga

Blood Pressure Check

Tuesday, Aug. 4 at 12:30 by a volunteer nurse. **No fee.**

Canasta or “Hand and Foot”


Players meet at 7:00 PM on the 1st and 3rd Mondays: August 3 & 17. Everyone is welcome! **Non-member fee is \$1.00 per week.**

New session

Ceramic Pottery- ALL Skill Levels


Meets Thursday mornings from 9:00 – 11:00 the fee is \$2.00 per week for members plus glaze, firing, and greenware piece! Non-member fee is \$4.00 per week plus supplies. Ceramic instructor will be present on the 1st, 3rd and 5th Thursdays of the month.

Chicks with Sticks

Meets Wednesday at 1:00 at the Center.  Come share your patterns and ideas. Non-member fee is \$1.00 per week.

New

Drawing Class

Dates: Mondays Sept 14 – Oct. 12 
Register with fee by Thur. Sept. 3!
This is a basic class to improve your painting or to learn basic elements of drawing. Meets 1:00 – 3:00 Minimum of 6!
Cost: \$50.00 member & \$60.00 guest.

Oil Painting III with Laurie

Date: Wednesdays through Aug. 19 as Make up date for missed classes.

New session

Oil Painting IV with Laurie

Dates: Wednesdays Sept 9 – Oct. 14
Register with fee by Wed. Sept. 2.
Laurie Sucharda will lead beginning oil painting with topics discussed, a painting to be complete at end of session. Class will meet 4:00 – 6:00 PM at the Center. Cost: \$50.00 for members & \$60.00 for guests.

Computer Lab Time- openings

Tuesdays from 9:00 -11:00 a volunteer will be available to assist with basic computer skill practice please register in the office by Monday. Maximum: 2-3 per hour. Cost: \$1.00 for members and \$3.00 per guest.

Pinochle

This card game is played Wednesday at 10:30 AM. If interested, come to the center on Wed. There is no fee for members and non-members, \$1.00 per week.

Game Day



Meets 2nd & 4th Thursday at 10:30 AM!
August 13 Yahtzee & August 27 Dominoes.
Prize drawing for \$5.00 to Sentry Foods thanks to Comfort Keepers. No fee for members and guests pay \$3.00 per month.

Senior Singers – Community Service Resumes Monday, September 14 at

9:30 -11:00 in the piano room. This group sings at local health centers, senior retirement homes, and more! Please register for the Chorus by Tues. Sept. 8. No charge for members!

LOOK

Library Project at Center

The Library arranges for books and videos to be checked out on an honor system for senior's convenience. Please keep videos 1 week or less! Thank you. *There is a sign posted for the date the Center returns the books and videos to the Library. Please return by this date. **Missing VHS video since May 22: Return of the Natives!***

Green Felt Club

The GFC committee is asking that each member please mark their calendars and make the extra effort to be a part of these events, which help support the operation of your Senior Center.

- The GFC **2009-10 league play general meeting** is scheduled for August 26, 2009 at 12:30 PM, prior to the last week of the summer pool league.
- GFC **2009-10 league play** will start on September 2, 2009.

Monday at the Movies – August 31 *Miss Pettigrew Lives for a Day*

Synopsis: Guinevere Pettigrew, a middle-aged London governess, finds herself unfairly dismissed from her job. An attempt to gain new employment catapults her into the glamorous world and dizzying social whirl of an American actress and singer, Delysia Lafosse. Join in the lunch and a movie by making reservation by Fri. Aug.28



Weekly Ongoing Activities

Singers (Chorus) – Resumes Mon. Sept 14

Aqua Exercise -Tues., Thurs., Fri., at 6:40AM

Arthritis Ex – Mon & Wed 9:30 at Christ the King Lutheran Church

Piano Lessons –Resume Tues. Sept. 8

Green Felt Club – Senior 8 Ball League Wed., open play Mon & Fri. after 2:00, Sat at 9:00

Chicks with Sticks- Wed. at 1:00PM

Ceramics - Thurs. at 9:00AM

For information on class cost please call the center at 284-5821!

Card & Game Clubs

There is **no charge for members** as your membership assists with center operations.

Non-members & out of town participants contribute \$1.00 per week in the office!

Bridge - Tues. Ladies Bridge & Fri. at 1:00PM

Cribbage - Tues. at 1:00PM

Sheepshead - Thurs. at 1:00PM

Game Day – 2nd & 4th Thurs. at 10:30

Public Card Parties:

Canasta 1st & 3rd Mon. 7:00PM

Sheepshead - Tues. 7:00 PM

Pinochle- Wed. 10:00 AM

Clubs and Organizations Meeting

At the Center

Open 8-Ball/Greenfelt Club –Mon.-Fri. at 2:00PM (except when needed for class space)

And Sat. at 9:00AM.

City Commission on Aging - 2nd Mon. at 7:00PM in the lower level

VFW - Last Wed. at 7:00PM

Special Events

Lakeside Tea Society

“A Honey of a Tea”

Wed. Aug. 19 at 1:30 A Honey Tea with Wisconsin Honey Queen Amy Roden will be held at the Senior Center.

Cost will be \$2.00 members and \$3.00 for guests. Please register by Mon. July 13.



Preview for Sept. 16 : Yesterdays Cherished Fabric – The Feedsack

Monthly Birthday Party – August

Sponsored by Friends of the Port Senior Center

Tues. Aug. 18, all August birthdays will be celebrated! The Friends of the Senior Center provide a homemade dessert for monthly birthday party celebrations at the senior dining lunch. *This is to celebrate with members and friends your special day.* The celebration will be in conjunction with the dining site lunch. Reservations are due to Jill by noon Mon. Aug. 17. Cost: Donation for lunch!



Port Washington Senior Center & Port Washington Dining Site Events:

4 - Blood Pressure Check

7 - Word Trivia Plus

10 - Eleanor’s Bingo

13 - Picnic

17 - Information and Assistance Specialist

Do you have questions about the care of an aging loved one or even yourself?

Information and Assistance Specialists from the Aging and Disability Resource Center of Ozaukee County will be here from 1:30 AM to 1:00 PM on Monday, August 17.

18 - Birthday Party

20 - Mexican Fiesta

26 - Prize Bingo

31 - Lunch & a Movie

“Miss Pettigrew Lives for a Day”

Lunch reservations are due to Jill one day prior by 1:00 PM at 483-9753

Ozaukee County Senior Dining Picnic

The Senior dining picnic will be Thursday, August 13 at Grafton High School from 11 AM to 1:30 PM. Join the fun, with live entertainment, door prizes, bingo and more while enjoying a great meal. Suggested donation is \$3.75, but any amount is appreciated. Transportation arrangements are available from the Senior Center, but must be pre-arranged one week in advance. To make a reservation and get your ticket, see Jill or call 262-483-9753. Anyone and everyone who has

dined with us during this past year are welcome to attend.

Community Events

Firehouse Friends Results from the Ozaukee County 150th Fair

The Chicks with Sticks members of the Firehouse Friends received one Yellow Award of Merit, 18 Blue Ribbons, 8 Reds, 3 Whites, & 1 Pink with other Center members participating an additional 7 Blue ribbons; 1 red, 1 white, 1 pink were won!

Congratulations to the participants:

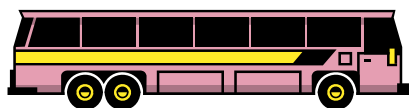
Aileen W, Naomi K., Leroy J., Lu S., Helen S., Eileen H., Rosemary L., Ruth L., Barb H., Bev S., Mary F., Patti S., Mary D., Marge E., and Janet D.

Ice Cream Social sponsored by Harris Bank & the Port Rotary

Date: Thur Aug. 27

Pre-Register at Center by Aug. 17

Senior Center members & friends are invited to Rotary Park for a traditional ice cream social with music and door prizes on Thur. Aug. 27 from 1:00 – 3:00. There is no fee for this program only pre-registration.



Trip News

Motor coach travel has the least emissions of plane or motor travel. Save the planet travel by bus with us!

Trip Payment & Refund Policy: Prices are quoted for center members: guests add \$4.00 for day trips or as quoted for a specific trip as a non-member price. Sign up is on or after the call in day listed with each trip. You must register in advance and pay by the deadline or your name may be dropped from the list!

Cancellations are not guaranteed a refund. Cancellations within THREE weeks will be refunded only if someone fills the

opening! There are trips we reserve the right to advertise which are sponsored by travel agencies. It is for your convenience that we advertise them. All other information is handled by the agency. Contact the office regarding any special needs you have.

WHEN LEAVING ON A DAY TRIP PLEASE PARK YOUR CAR IN THE SECOND & THIRD SET OF PARKING ROWS. THANK YOU!

Lunch Bunch at Patrice's

Meets at 11:30 on Wednesday August 26 at Patrice's in Saukville. Join us at for lunch and conversation at this monthly dining out group. Cost is on your own. Register at Center by Mon. Aug. 24. *Preview for next month: Deano's Sports Pub and Grill in Port Washington.*

Czech it Out – Wisconsin Czech Heritage

Date: Thurs. Aug. 6 – 2 SEATS LEFT!

Join us as we tour through Northeast Wisconsin Czech settlements!

Cost Per Person Only: **\$83.00 and \$85.00**

guest. Depart Port Washington Senior Center at: 7:15am. Return approx 5:45 PM.

Daniel O'Donnell - Filled

Date: Tues. Aug. 18

Depart to be announced. Travel is on deluxe Badger Bus includes transportation, escort, & show ticket.



Arlington Race Track – 6 seats

Entree & Payment Due: With registration

Date: Thurs. Aug. 27

This bi-annual offering will be available to Port this year. Bring your group and sign up to enjoy the day at Arlington. Betting or not, it is a pleasant day trip on a deluxe motor coach. Entrée Choices: #1 Lasagna Classico #2 Spaghetti & Meatballs #3 Chicken Parmigiana #4 Fettuccine Alfredo served over fettuccine. Cost is \$65.00 per member and same for guest! Depart 7:30 AM return approx 7:45 PM

“Church Basement Ladies”-3 seats left

Date: Sun. Aug. 30, 2009

Payment due Aug. 3, 2009

M*A*S*H's Father Mulcahy, William Christopher, stars in the hilarious musical that mixes the silliness of *Nunsense* with the homespun humor of *Prairie Home Companion*. It is a celebration of church kitchens everywhere and the unsung women who work there. The script is dead-on, the music is toe-tapping, and the humor is delicious. (Troupe America.com) Lunch at Briscoe County Wood Grill in Sheboygan with a **choice of**: 1. Chicken stir fry, 2. Valley Ranch Steak sandwich, 3. ½ rotisserie chicken (white meat), or 4. Chicken fettuccine, includes salad, dessert, coffee or soda. Cost is \$76.00 per member & 80.00 guest.

New

Brewer's Baseball VS. Cardinals

Payment due Aug. 3, 2009

Date: Wed. Sept. 9 - Waiting list only

We have requested our favorite seats and the cost is \$41.00. Depart Port at 10:45 AM.



Sound of Music at the Fireside –Wait List

Date: Thur. Sept. 10

Payment due Aug. 3, 2009

Experience the world's best loved musical! Winner of 8 Tony Awards, it is a tune-filled tale of hope, courage, friendship, and love. Cost is \$80.00 per member \$82.00 guest. Departure by deluxe motor coach 8:15 AM.

THE BIG “O”

Oprah's Chicago – Only 4 seats left

Date: Fri. Oct. 16

You will visit the new **Oprah Store**, and **Oprah's Closet**, a wardrobe of items once worn by Oprah. You will eat lunch in one of **Oprah's favorite Chicago restaurants** and enjoy the delicious **specialty popcorn and toffee that she loves**. You will discover where she lives, shops, and works. Cost Per Person Only: \$83 and guest \$86. Departure Port Washington Senior Center at: 7:00am

Approx. Return 4:45pm. **Payment Due: September 11th, 2009.**

Christmas at the Fireside: Miracle on 34th Street “Here's Love Musical”

Registration now open -12 Seats open

Date: Thur. Nov. 19

Payment due Oct.1

Based on the beloved movie “Miracle on 34th St.”, *Here's Love* is a big brassy musical with a heart. Macy's Thanksgiving Day Parade needs a new Santa, enter Kris Kringle. Departure to be announced. Cost is \$80.00 per member \$82.00 guest.

Fox River Mall Shopping Appleton

Date: Mon. November 23rd

Registration open

We will again be shopping until you drop at the Mall in Appleton. The Cost for members is \$24.00 and \$26.00 for guests for a deluxe motor coach bus, snacks, and beverage. Lunch is on your own. Door prizes will be drawn on the bus. Depart Port at 8:30 AM. Return approximately 6:00 PM. Payment due by October 28.

New

Miracle on 34th Street Musical Here's Love At the Fireside

Registration now open – 12 seats open

Date: Fri. Dec. 4

This joyous musical proves that love makes the world go round – especially at Christmas time! Departure to be announced. Cost is \$80.00 per member \$82.00 guest. Payment due Oct. 23.

Oneida Bingo & Casino Trips

The 2009 Yearly schedule available at Center. Landmark Tours takes a deluxe motor coach to Oneida Bingo & Casino in Green Bay. Cost: \$53. You will receive a casino rebate of \$52 and a \$2 coupon for lunch. Call Karen at 375-1426 to register.

2009 Extended Trip with Port & Grafton

Smokey Mountain Fall Foliage

1st TRIP DATE IS FILLED!

October 5th-9th

Second Trip dates: Oct. 19-23, 2009

Double Occupancy \$799.00 with Badger Tour & Travel. Detailed information flyer available at the Center. Optional Travel protection plan available. Home Pick up and Breakfast with Bucky, No tipping policy. **Highlights:** 4 special show events, 2 nights Pigeon Forge, Wabash & Erie Canal, & more! Register your name at the Center and a packet will be sent to you for deposit, insurance, etc by Badger Tour and Travel.



Center Operations & Procedures

We encourage our members who **may need** special assistance to register for events, programs, and trips **with a** friend, family or caregiver **to provide the assistance** they may need. Due to the limit of staff, the Center can not provide one-on-one assistance during the event, class, or trip. Please register with staff so we can be aware of individual needs.

Membership- Annual membership is paid January to December. Individual fee is \$12.00 and Couple \$17.00 for City and Town of Port Residents. Out of town individuals may subscribe to the newsletter for **\$7.00** per year or to receive membership the fee is \$1.00 per week or \$62.00 per year, it includes the newsletter and may be paid quarterly. Value of membership in the Center offers you a place to read the Journal Sentinel, Ozaukee Press, News Graphic, & a variety of magazines including Reader's Digest, Outdoor Living, Good Housekeeping, Family Fun, & more saving you money on subscriptions!

Recyclables – There is a container on both levels for aluminum cans. The can should be rinsed then deposited in the container. Clean cans are preferred for recycling. Thanks to all who help.

Welcome New Members

We look forward to seeing you at the Center! Stop in and reintroduce yourself or use your free coupon for lunch!

Monthly Birthday Party – August

Sponsored by Friends of the Port Senior Center

Tues. Aug. 18, all August birthdays will be celebrated! Reservations are due in to Jill by noon Mon. Aug. 17! Cost: Lunch Donation

Belated Birthday Wishes to:

July 18 Helen Mueller

HAPPY BIRTHDAY

- 1 Joe Millonzi
- 2 Lucille Wester
- 3 Diane Miller
- 4 Robert Tetley
- 7 Pat Neitz, Marilyn Schmit,
Clyde Weiland,
Aileen Wiltgen
- 9 Gloria Rasbornick
- 10 Antoinette Smith,
Mary Joy Waltner
- 11 Paul Ehrlich, James Heiser
- 12 Lillian Rebstock
- 15 Pat Krainz
- 16 Douglas Ahsmann,
Spyros Heniadis, Ken Hoard,
Margaret M. Prom
- 19 Lillian Haseley
- 20 Mary Neerhof
- 21 Virginia Maechtle,
Paul Taylor, Laura Stricker,
Santo Mirrasola
- 22 Donna Riemer, Elaine Nulph
- 25 Betty Bley, Chuck Norman,
Ruth Primas
- 27 Jan Glenn
- 28 Marjorie Adams
- 29 Joan Biever
- 30 John Windis, Fran Heinowski,
Austin Goodrich

In Memoriam

Our thoughts and prayers are with the families of: Alyce Appleman & Eileen Brabender

Miscellaneous

Friends of the Port Washington Senior Center

Membership dues are separate from the Center. The brochure highlights the various levels from Basic \$25.00 per year; Associate at \$75.00 per year; Partner at \$250.00 which is every 5 years; and Life Circle Membership at \$3,000 which is a one time payment. It is for couples so an individual would be at \$2,000 lifetime. There is the opportunity to designate charitable bequest or one time donations. Pick up a brochure at the Center if interested. **Board Members** are: Ann Augustine, Harold Johnson, & Dick Stoughton



Tai Chi Class practicing form outside

Site Selection Committee Update

A dedicated group of individuals has been hard at work reviewing potential sites for a modern senior center if it can not be located downtown.

A Public comment meeting is being planned for early fall to obtain input from the citizens of all ages. All users of the Senior Center should be in contact with their Alderman as to the future modernization of the Center. Your voice does matter, and the future of the Senior Center depends on the present!



Guatemalan Tea Speaker with locally made items



Senior Games Awards Breakfast