



Port Washington Senior Center

Celebrating National Recreation & Park Month

The Leisure Times

July 2009



Port Washington Senior Center
 102 East Pier Street
 (262) 284-5821
 E-mail: ckiener@ci.port-washington.wi.us

Catherine Kiener, Director
 Assistant
 Kandy Bichler, Environment

**Center Office Hours: Monday – Thursday 8:30AM – 4:00PM
 Friday 8:30AM- 2:00PM**

Mission: To promote healthy aging by providing cost effective programs, classes, activities and services to citizen's 55 years and better. Adopted April 10, 2002

Director's Report

Thank you to the members who represented Port in the Ozaukee County Senior Games. Our members received 23 Gold & Silver medals, congratulations! The Senior Games results are listed under Community Events.

The picnic is Thur. July 16 at Kiwanis shelter (next to Marina) with catering by Newport Shores. The Center will collect paper goods for an entry into the door prize drawings. Paper goods may be brought to the office or to the picnic. See Special events for more details. The Center **office will close Thur. July 16 at 2:00** due to picnic preparations.

Please encourage new members to join the center and be welcoming by inviting new people to sit with you at events. As the community continues to grow and people are eligible to join at a faster rate than any other time, we will see many new faces!

UPCOMING EVENTS:

- **Summer Picnic July 16**
- **Ozaukee County Benefit Specialist July 20 11:00 – 1:00**
- **Fair entries due to office July 23**
- **Kids from Wisconsin July 28 tickets available in office July 2**
- **New DAY TRIPS pages 6 & 7**
- **Ice Cream Social Rotary Park Aug.27**

Sentry Receipts

Second Quarter April 1 – June 30, 2009 is due July 1.

Pick-n-Save We Care Program
If you shop at Pick-n-Save choose Port Senior Center as a recipient of the Community dollar program. **The number is 620450!** Customer service can help you add this to your card.

Thank You, Thank You

June Newsletter Crew: Joan Murphy, Aileen Wiltgen, Marilyn Schmit, Joan Hansen, Rosemary Weiland, Esther Bley, Mable Meyer, & Nelda Bartz.

Office Volunteers: For stepping up to help out as the city determines the future of the assistant position.

Volunteer Opportunities

You make a living by what you get, but you make a life by what you give. -- Winston Churchill

Regular 4th Friday Office Volunteer 10:30 – 2:00PM. Contact Catherine

Fall Wii Bowling Coordinator, should know how to operate the Wii but will provide training. Contact Catherine!

Donations, Gifts or Memorial

You can make the Port Senior Center a recipient of a gift, any time of the year.
 Thank you Patricia Fenlon for the seated walker for day trip use & walker to give away (call office)

THANK YOU Commission on Aging Members for the donations toward Horseshoe Back Stops!

The Friends of the Port Washington Senior Center is a 501-C organization which can accept your charitable gifts now or designated for the future. To join, pick up an application at the Senior Center.

Programs & Classes for Healthy Living

Adult Horseshoe League

League play begins Tues. May 26 at 9:30 AM at the courts on Moore Road until Aug.25.

Aqua Exercise Class

One class is held on Tuesday, Thursday, and Friday at 6:40 AM. Cost is \$6.00 for member and \$10.00 for non-member per month. Class is held at the District Aquatic Center TJ School on Holden St. You do not need to get your hair wet, bring a towel & suit, and increase your flexibility. Register monthly at the Center or 284-5821.

Arthritis Exercise Course Session IV June 8 – July 22

Mon & Wed. at 9:30am for seven weeks. The fee includes an Arthritis Foundation trained instructor with experience, exercise instruction & arthritis information. Member fee is \$25.00 per member & \$35.00 for guest. Register with fee by June 3, '09. Meet at Christ the King Lutheran Church on corner of Holden St. & Whitefish Road.

Bocce Ball

Weekly team games on Tuesdays, starting June 2 at 9:30 AM through Sept. 15. **Please register at the Center by June 1.** No fee for members and \$10.00 guests for the summer weekly games.

Friday Book Talk

Friday, July 10 at 9:30 at the Library. The book Hand to Guide Me by Denzel Washington will be reviewed. New members welcome to join any month!



Preview for Aug. 14: The Faith Club by Idlist, Oliver, & Warner with guest reviewer, Jackie Purcell.

Strong Women Program II

Dates: April 28 – July 16, 2009

Tues. & Thurs. mornings 9:30 – 10:30 AM at the Park and Rec Office.

Strong Women Program Session III

Introduction will be Sept. 1 with class starting Tues. Sept 15.

It is beneficial to both sedentary and active women. This 12-week exercise program for women 40 and older will be offered Tues. & Thurs. mornings 9:30 – 10:30 AM at the Park and Rec Office. The cost will be \$50.00 per member and \$55.00 per guest plus equipment.

Tai Chi Chuan Form II

Dates: June 29- Aug. 17 at 10:00 AM
Payment due June 29.

This is a continuation for current students only! Beginners & new students contact office for information.

Class fee \$65.00 per member and \$75.00 per guest. Minimum of students may apply.

Blood Pressure Check

Tues. July 7 & Aug. 4 at 12:30 by a volunteer nurse. **No fee.**

Canasta or “Hand and Foot”

Players meet at 7:00 PM on the 1st and 3rd Mondays: July 6 & 20. Everyone is welcome! **Non-member fee is \$1.00 per week.**

Ceramic Pottery- ALL Skill Levels

Meets Thursday mornings from 9:00 – 11:00 the fee is \$2.00 per week for members plus glaze, firing, and greenware piece! Non-member fee is \$4.00 per week plus supplies. Ceramic instructor will be present on the 1st, 3rd and 5th Thursdays of the month.

New session

New

Chicks With Sticks

Meets Wednesday at 1:00 at the Center.
Come share your patterns and ideas. Non-member fee is \$1.00 per week.



Oil Painting III with Laurie

Date: Wednesdays July 8 – Aug. 12
Laurie Sucharda will lead beginning oil painting with topics discussed, a painting to be complete at end of session. Class will meet 4:00 – 6:00 PM at the Center. A supply list is available upon request. Cost: \$50.00 for members & \$60.00 for guests. Register with fee by Wed. July 1, 2009.

Computer Class & Practice Lab

Introduction to Computers- FULL Payment Thur. July 2.

It is not too late to learn the computer!
Topics: PC Basics, mouse, keyboard skills, windows, and programs. Maximum 4 students. **Class dates:** Tues. July 7 & Wed. July 8. Cost is \$15.00 per member & \$25.00 a guest for 2 sessions.

Computer Lab Time- openings

Tuesdays from 9:00 -11:00 a volunteer will be available to assist with basic computer skill practice please register in the office by Monday. Maximum: 2-3 per hour. Cost: \$1.00 for members and \$3.00 per guest.

Pinochle

This card game is played Wednesday at 10:30 AM. If interested, come to the center on Wed. There is no fee for members and non-members, \$1.00 per week.

Game Day

Meets 2nd & 4th Thursday at 10:30 AM! July 9 Yahtzee & July 23 Dominoes. Prize drawing for \$5.00 to Sentry Foods thanks to Comfort Keepers. No fee for members and guests pay \$3.00 per month.



Senior Singers – Community Service Resumes Monday, September 14!

Library Project at Center

The Library arranges for books and videos to be checked out on an honor system for senior's convenience. Please keep videos 1 week or less! Thank you. *There is a sign posted for the date the Center returns the books and videos to the Library. Please return by this date. **Missing VHS video since May 22: Return of the Natives!***

LOOK

Green Felt Club

The GFC committee is asking that each member please mark their calendars and make the extra effort to be a part of these events, which help support the operation of your Senior Center.

- GFC summer league May 20 – Aug. 26.
- The GFC **2009-10 league play general meeting** is scheduled for August 26, 2009 at 12:30 PM, prior to the last week of the summer pool league.
- GFC 2009-10 league play will start on September 2, 2009.

Monday at the Movies – July 27

Bedtime Stories rated PG

Synopsis: A family comedy about a hotel handyman whose life changes when the lavish bedtime stories he tells his niece and nephew start to magically come true. Starring Adam Sandler, & Keri Russell. Join in the lunch and a movie by making reservation by Fri. July 24



Weekly Activities

Singers (Chorus) – Resumes Mon. Sept 14

Aqua Exercise -Tues., Thurs., Fri., at 6:40AM

Arthritis Ex – Mon & Wed 9:30 at Christ the King Lutheran Church

Piano Lessons –Resumes Tues. Sept. 8

Green Felt Club – Senior 8 Ball League Wed., open play Mon & Fri. after 2:00, Sat at 9:00

Chicks with Sticks- Wed. at 1:00PM

Ceramics - Thurs. at 9:00AM

For information on class cost please call the center at 284-5821!

Card & Game Clubs

There is **no charge for members** as your membership assists with center operations.

Non-members & out of town participants

contribute \$1.00 per week in the office!

Bridge - Tues. Ladies Bridge & Fri. at 1:00PM

Cribbage - Tues. at 1:00PM

Sheepshead - Thurs. at 1:00PM

Game Day - 2nd & 4th Thurs. at 10:30

Public Card Parties:

Canasta 1st & 3rd Mon. 7:00PM

Sheepshead - Tues. 7:00 PM

Pinochle- Wed. 10:00 AM



Clubs and Organizations Meeting

At the Center

Open 8-Ball/Greenfelt Club - Mon.-Fri. at 2:00PM (except when needed for class space) And Sat. at 9:00AM.

City Commission on Aging - 2nd Mon. at 7:00PM in the lower level

VFW - Last Wed. at 7:00PM

Special Events



Lakeside Tea Society

Butterfly Tea

Wed. July 15 at 1:30 a guest speaker will share her knowledge on butterflies and favorite butterfly garden plants. The featured tea & sweet will be Summer taste tea (black tea with fruit flavor) with build your own ice cream sundae

Cost will be \$2.00 members and \$3.00 for guests. Please register by Mon. July 13.

Preview for August 19: A Honey Tea with Wisconsin Honey Queen Amy Roden

Monthly Birthday Party - JULY

Sponsored by Friends of the Port Senior Center

Friday, July 24, all July

birthdays will be celebrated!

The Friends of the Senior Center will be providing a homemade dessert for monthly birthday party celebrations at the senior dining lunch. *This is to celebrate with*



members and friends your special day. The celebration will be in conjunction with the dining site lunch. Reservations are due to Jill by noon Thur. July 23. Cost: Donation for lunch!

Port Washington Senior Center & Port Washington Dining Site Events:

1- Smoothie Demo & Tasting 12:30

7-Blood Pressure Checks 12:30

13-Eleanor's bingo with cash prizes from Comfort Keepers - no cost to play!

9 & 23 Game Day Yahtzee & Dominoes

24- July Birthday Party

27- Lunch & Movie **Bedtime Stories**

Lunch reservations are due to Jill one day prior by 1:00 PM at 284-5672.

Summer Membership Picnic

Reservations & Payment due July 9

Date: Thur. July 16 from 3:00 - 6:30

The picnic will be held at the Kiwanis shelter! The menu catered by Newport Shores: chicken, ribs, German potato salad, beans, coleslaw, and desserts with coffee or tea. Bingo will begin at 3:15. Dinner at 4:45. **Please bring a paper product such as paper towels, toilet tissue, etc. The donation will give you entry into the prize drawing** for local restaurant certificates! The donations are one way the seniors help keep costs lower for the city. **The picnic cost will be \$9.00 per member & 11.00 per guest, the Board agreed to pay .50 of the \$9.50 cost,** to include dinner, desserts, beverages, and gratuity.



New

Community Events

Ozaukee Senior Games Results



8-Ball Winning Teams

Complete List of Winners is in the office!

Bowling – Men 1st – Clyde Weiland

- Women 1st – Geri Johnson

8 Ball Pool – 1st – Clyde Weiland & Rosie Bach

Horseshoes – 1st Ron Mans

Cribbage - Joe Lanthier

Bridge – Joanna Eckert

Golf Men's Low Score – Ken Wunsch

Women's Low Score – Gloria Lowney

Bocci Ball – Gert Haas (G), Gloria Lowney,

Robert Heck (C) & Diane Holmen (G)

Competitive Walk Over 70 – June Kiehnau

(MT) Under 70 – Trudy Zarling (G)

Sheepshead – Rosemary Weiland

Shuffleboard – Orville Jeske (C) & Gert Haas

(G)

Chickenfoot – Joanna Eckert

Healthy Smoothies

Date: Wed., July 1, 12:30 - 1:00 pm

Presented by Petra from Port Family

Medical Clinic as a follow-up to Dr.

Bonavia's talk. Join in lunch and stay for

the demonstration with tasting. **Make lunch**

reservation to Jill by Tues. June 30 and

program only reservation to office by Mon.

June 29.

Firehouse Friends

Entries due to the Center Office by Thurs.

July 23 for entry at the Fair on Tuesday, July

28 by staff & volunteer!

Ozaukee County Fair

Celebrating 150 Years

July 29- Aug. 2 at the Fair grounds in

Cedarburg. Free admission!

Kids from Wisconsin 20th Annual Show

Tickets available in the office, July 2 for the

Tues. July 28 show at PW High School

Auditorium for the 2:00 or 7:30 show.

General seating tickets are \$10.00 for adults
and \$5.00 for children 12 & under.

Ice Cream Social sponsored by

Harris Bank & the Port Rotary

Senior Center members & friends are invited

to Rotary Park for a traditional ice cream

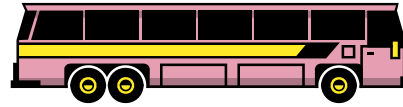
social with music and door prizes on Thur.



New



Aug. 27 from 1:00 – 3:00. There is no fee for this program only pre-registration at the Center 284-5821 by Aug. 17.



Trip News

Motor coach travel has the least emissions of plane or motor travel. Save the planet travel by bus with us!

Trip Payment & Refund Policy: Prices are quoted for center members; guests add \$4.00 for day trips or as quoted for a specific trip as a non-member price. Sign up is on or after the call in day listed with each trip. You must register in advance and pay by the deadline or your name may be dropped from the list!

Cancellations are not guaranteed a refund. Cancellations within THREE weeks will be refunded only if someone fills the opening! There are trips we reserve the right to advertise which are sponsored by travel agencies. It is for your convenience that we advertise them. All other information is handled by the agency.

Contact the office regarding any special needs you have.

WHEN LEAVING ON A DAY TRIP PLEASE PARK YOUR CAR IN THE SECOND & THIRD SET OF PARKING ROWS. THANK YOU!

Lunch Bunch at Fireridge

Meets at 11:30 on Thur. July 30. Join us at

Fireridge for lunch and conversation at this

monthly dining out group. Cost is on your

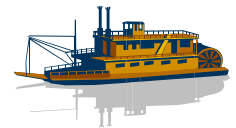
own. Register at Center by Mon. July 27.

La Crosse Boats & Bluffs

Date: Wed. July 22, 2009

Accepting a waiting list

Must bring valid state photo id for dam tour. Depart 6:00 AM return 7:00 PM.



New

The Witnesses –Waiting list only

Date: Friday, July 17

Depart at 8:15 AM from Port. Return approximately 6:15 PM.

Czech it Out – Wisconsin Czech Heritage

– Now 4 seats open

Payment due: July 6th, 2009

Date: Thurs. Aug. 6

Begin the day with a visit with **coffee, juice and Koalaches** while you tour the 1906 barn which has been adaptively reused to house a herd of **Alpaca**; See **spinning and weaving demonstrations** and may even try your hand at felting. Next, we'll arrive at **St. Lawrence Church** to learn from a **Czech Historian** about early Czech settlements and tour this church on the National Register of Historic Places. Local foods produced and grown in the area will be prepared for a great **Czech Lunch** prepared by local chefs. During lunch you'll enjoy **entertainment by the Wisconsin Czech Choraliers** with their wonderful voices that sing many great Czech heritage songs and appear in authentic **Czech Costume**. This afternoon we'll visit an **Old-World Pastry Shop**. Visit an **1860's Czech Brewery**, now converted to winery and sample some of the finest of Wisconsin's wines. Cost Per Person Only: **\$83.00 and \$85.00 guest**. Depart Port Washington Senior Center at: 7:15am.

Daniel O'Donnell - Filled

Date: Tues. Aug. 18

Depart to be announced. Travel is on deluxe Badger Bus includes transportation, escort, & show ticket.

Arlington Race Track – 10 seats

Entree & Payment Due: July 10th

Date: Thurs. Aug. 27

This bi-annual offering will be available to Port this year. Bring your group and sign up to enjoy the day at Arlington. Betting or not, it is a pleasant day trip on a deluxe motor coach. Entrée Choice: #1 Lasagna Classico #2 Spaghetti & Meatballs #3



Fun Day Out Value Priced

Chicken Parmigiana #4 Fettuccine Alfredo Parmesan cream sauce with a hint of garlic, served over fettuccine. Cost is \$65.00 per member and same for guest! Depart 7:30 AM return approx 7:45 PM

“Church Basement Ladies”-Only 15 seats

Date: Sun. Aug. 30, 2009

Registration begins June 29

Payment due Aug. 3, 2009

M*A*S*H's Father Mulcahy, William Christopher, stars in the hilarious musical that mixes the silliness of *Nunsense* with the homespun humor of *Prairie Home Companion*. It is a celebration of church kitchens everywhere and the unsung women who work there. The script is dead-on, the music is toe-tapping, and the humor is delicious. (Troupe America.com) Lunch at Briscoe County Wood Grill in Sheboygan with a **choice of** 1. chicken stir fry, 2. Valley Ranch Steak sandwich, 3. ½ rotisserie chicken (white meat), or 4. chicken fettuccine, includes salad, dessert, coffee or soda. Cost is \$76.00 per member & 80.00 guest.

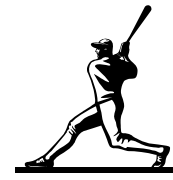
NEW

Brewer's Baseball VS. Cardinals

Payment due Aug. 3, 2009

Date: Wed. Sept. 9 - Waiting list only

We have requested our favorite seats and the cost is \$41.00. Depart Port at 10:00 AM.



Sound of Music at the Fireside -15 seats

Bring a red hat group!

Date: Thur. Sept. 10

Payment due Aug. 3, 2009

Experience the world's best loved musical! Winner of 8 Tony Awards, it is a tune-filled tale of hope, courage, friendship, and love. The menu: signature salad baked boneless pork chop, sweet potato soufflé, & Viennese Sacher Torte. Cost is \$80.00 per member \$82.00 guest. Departure by deluxe motor coach is 8:15 AM.

THE BIG "O"

Oprah's Chicago – NOW 4 open seats

Date: Fri. Oct. 16

You will visit the new **Oprah Store**, and **Oprah's Closet**, a wardrobe of items once worn by Oprah. You will eat lunch in one of **Oprah's favorite Chicago restaurants** and enjoy the delicious **specialty popcorn and toffee that she loves**. You will discover where she lives, shops, and works. Cost Per Person Only: \$83 and guest \$86. Departure Port Washington Senior Center at: 7:00am Approx. Return 4:45pm. **Payment Due: September 11th, 2009.**

Christmas at the Fireside: Miracle on 34th Street "Here's Love Musical"

Registration now open -15 Seats open

Date: Thur. Nov. 19

Based on the beloved movie "Miracle on 34th St.", Here's Love is a big brassy musical with a heart. Macy's Thanksgiving Day Parade needs a new Santa, enter Kris Kringle. Departure to be announced. Cost is \$80.00 per member \$82.00 guest. Payment due Oct. 1

New

Fox River Mall Shopping Appleton

Date: Mon. November 23rd

Registration begins July 1

We will again be shopping until you drop at the Mall in Appleton. The price is to be announced in August, for a deluxe motor coach bus, snacks, and beverage. Lunch is on your own. Door prizes will be drawn on the bus. Payment due by October 28.

Miracle on 34th Street Musical Here's Love At the Fireside

Registration now open – 7 seats open

Date: Fri. Dec. 4

Departure to be announced. Cost is \$80.00 per member \$82.00 guest. Payment due Oct. 23.

Oneida Bingo & Casino Trips

The 2009 Yearly schedule available at Center. Landmark Tours provides this trip

several times a month. Call 375-1426 to register.

2009 Extended Trip with Port & Grafton

Smokey Mountain Fall Foliage

TRIP IS SELLING FAST! DON'T

DELAY, RESERVE TODAY!

5 days in October 5th-9th Double Occupancy \$799.00 with Badger Tour & Travel. Detailed information flyer available at the Center. Optional Travel protection plan available. Home Pick up and Breakfast with Bucky, No tipping policy. **Highlights:** 4 special show events, 2 nights Pigeon Forge, Wabash & Erie Canal, & more! Register your name at the Center and a packet will be sent to you for deposit, insurance, etc by Badger Tour and Travel.

Center Operations & Procedures

We encourage our members who **may need** special assistance to register for events, programs, and trips **with a friend, family or caregiver to provide the assistance** they may need. Due to the limit of staff, the Center can not provide one-on-one assistance during the event, class, or trip. Please register with staff so we can be aware of individual needs.

Membership- Annual membership is paid January to December. Individual fee is \$12.00 and Couple \$17.00 for City and Town of Port Residents. Out of town individuals may subscribe to the newsletter for **\$7.00** per year or to receive membership the fee is \$1.00 per week or \$62.00 per year, it includes the newsletter and may be paid quarterly. Value of membership in the Center offers you a place to read the Journal Sentinel, Ozaukee Press, News Graphic, & a variety of magazines Readers Digest, Outdoor Living, Good Housekeeping, Family Fun, & more saving you money on subscriptions!

Recyclables – There is a container on both levels for aluminum cans. The can should be rinsed then deposited in the container.

Clean cans are preferred for recycling.
Thanks to all who help.

Welcome New Members

We look forward to seeing you at the Center! Stop in and reintroduce yourself or use your free coupon for lunch!

*Michael & Barbera Beattie,
Marel Sorensen, & Mary Tebbit*



Monthly Birthday Party – July

Sponsored by Friends of the Port Senior Center
Friday, July 24, all July birthdays will be celebrated! Reservations are due in to Jill by noon Thur. July 23! Cost: Lunch Donation

HAPPY BIRTHDAY

- 1 *Rosalie Bach, Tod Brown*
- 2 *Allan Slater, Marion Kukus,
Ardy Ahsmann,
Celia Stenberg*
- 4 *Fred Bley, Joan Doyle,
Eleanor Tetzlaff, Don Haseley*
- 8 *Mark Hoeft, JoAnn Johnson*
- 9 *Irene Maciejewski,
Bernice Haseley*
- 10 *Verena Wester*
- 11 *Patricia Peters*
- 13 *Lillian Swatek, Joyce Zeinert*
- 14 *Thomas Lijewski*
- 15 *Esther Retzer*
- 16 *William Flierl, Pat Milonzi*
- 18 *Jeanne Appleman,
Rick Bichler,
Suzanne E. Theis*
- 19 *John Salchert*
- 20 *Fema Garay,
Lucille Greiveldinger,
James Kofler*
- 21 *Maxine Schwinn*
- 24 *Frank Fellenz*
- 27 *Ruth Runkel, Anna Lanser,
Shirley Conrad,
Dereatha Miller*



- 28 *Louise Allen*
- 29 *Howard Schulze*
- 30 *Nancy Shoup, Alice Zahn*

In Memoriam

Our thoughts and prayers are with the families of: Bertha Calhoun

Miscellaneous

Friends of the Port Washington Senior Center

Membership dues are separate from the Center. The brochure highlights the various levels from Basic \$25.00 per year; Associate at \$75.00 per year; Partner at \$250.00 which is every 5 years; and Life Circle Membership at \$3,000 which is a one time payment. It is for couples so an individual would be at \$2,000 lifetime. **Board Members** are: Ann Augustine, Harold Johnson, & Dick Stoughton

There is the opportunity to designate charitable bequest or one time donations. Pick up a brochure at the Center if interested.



Sponsor Representative Diane from Heritage assisting with Awards Breakfast

Need a walker? Contact the office as one was donated.

Basic Drawing Class Survey

Are you interested in Drawing 101? A basic class to improve your painting or learn something you always wanted to is being considered for 4-5 weeks Mondays Sept. 14-Oct 5 or 12. A minimum of 6 students needed. Cost \$50-55.

Name _____

I am Interested _____

Return to office by July 13, 2009