

Port Washington Senior Center



The Leisure Times

June 2009

Port Washington Senior Center
102 East Pier Street
(262) 284-5821
E-mail: ckiener@ci.port-washington.wi.us

Catherine Kiener, Director

Kandy Bichler, Environment

Center Office Hours: Monday – Thursday 8:30AM – 4:00PM
Friday 8:30AM- 2:00PM

Mission: To promote healthy aging by providing cost effective programs, classes, activities and services to citizens 55 years and better. Adopted April 10, 2002

Director's Report

The Assistant position is on hold through the City Personnel Committee. The Commission on Aging has a special meeting planned for Monday, June 1 to establish justification for re-filling the vacancy. Concerned members should attend the Commission meeting or contact their Alderman.

Congratulations to the new Board Members:

Marjorie Erlauer, Judy Hahn (write-in) & Ron Weiss and returning members: Barb Hunsicker, Kathy McGuire, & Barb Roob.

Remember to check for Senior Games at Center which may impact regular activities!

Please remember to neatly sign in or better yet PRINT your name when singing in. Legible handwriting helps the volunteer keep our records accurate.

UPCOMING EVENTS:

- **June 2 – Bocce Ball Begins**
- **Ozaukee Senior Conference June 16**
- **Summer Picnic July 16**
- **Ice Cream Social Rotary Park Aug.27**

Sentry Receipts

Second Quarter April 1 – June 30, 2009 is due July 1.

Pick-n-Save We Care Program

If you shop at Pick-n-Save choose Port Senior Center as a recipient of the Community dollar program. **The number is 620450!** Customer service can help you add this to your card.

Thank You, Thank You

May Newsletter Crew: Joan Murphy, Sandi Preisler, Betty Last, Ethelynn Schumacher, Pat Voeller, Rosemary Weiland, Sharon Brown, Louise Fahey, & Nelda Bartz.

Handiman repair: Ron W.

Spring Fling Volunteers: Donna with Comfort Keepers, Diane with Heritage, Joan M., Sandy P, Barb P., Tom M.

Volunteer Opportunities

You make a living by what you get, but you make a life by what you give. -- Winston Churchill

SENIOR GAMES: Volunteers needed to assist with cribbage & sheepshead. Contact Catherine if you can help.

Donations, Gifts or Memorial

You can make the Port Senior Center a recipient of a gift, any time of the year.

The Friends of the Port Washington Senior Center is a 501-C organization which can accept your charitable gifts now or designated for the future. To join, pick up an application at the Senior Center.

Programs & Classes for Healthy Living

Adult Horseshoe League

League play begins Tues. May 26 at 9:30 AM at the courts on Moore Road until Aug.25.

Aqua Exercise Class

You do not need to get your hair wet, bring a towel & suit, and increase your flexibility. One class is held on Tuesday, Thursday, and

Friday at 6:40 AM. Cost is \$6.00 for member and \$10.00 for non-member per month. Class is held at the District Aquatic Center TJ School on Holden St. Register at Center or 284-5821.

Arthritis Exercise Course Session IV June 8 – July 22

Mon & Wed. at 9:30am for seven weeks. The fee includes an Arthritis Foundation trained instructor with experience, exercise instruction & arthritis information. Member fee is \$25.00 per member & \$35.00 for guest. Register with fee by June 3, '09. Meet at Christ the King Lutheran Church on corner of Holden St. & Whitefish Road.

New session

Bocce Ball

Weekly team games on Tuesdays, starting June 2 at 9:30 AM through Sept. 15. **Please register at the Center by June 1.** No fee for members and \$10.00 guests for the summer weekly games.

Friday Book Talk

Friday, June 12 at 9:30 at the Library. The book Sundays at Tiffany's by James Patterson will be reviewed by Loretta Federspiel. New members welcome to join any month! *Preview for July 10: Hand to Guide Me by Denzel Washington reviewer to be announced.*



Strong Women Program II

Dates: April 28 – July 16, 2009

It is beneficial to both sedentary and active women. This 12-week exercise program for women 40 and older will be offered Tues. & Thurs. mornings 9:30 – 10:30 AM at the Park and Rec Office. The cost will be \$50.00 per member and \$55.00 per guest plus equipment.

Tai Chi Chuan Form Class

Date: April 20- June 15 at 10:00 AM.

This is a continuation for beginners.

Tai Chi Chuan Form II

Dates: June 29- Aug. 17 at 10:00 AM

This is a continuation for current students only!

New

Class fee \$65.00 per member and \$75.00 per guest. Payment due June 22. Minimum number of students may apply.

Blood Pressure Check

Tues. June 2 & July 7 at 12:30 by a volunteer nurse. **No fee.**

Canasta or "Hand and Foot"

Players meet at 7:00 PM on the 1st and 3rd Mondays: June 1, 15 & 29. Everyone is welcome! **Non-member fee is \$1.00 per week.**

Ceramic Pottery- ALL Skill Levels

Meets Thursday mornings from 9:00 – 11:00 the fee is \$2.00 per week for members plus glaze, firing, and greenware piece! Non-member fee is \$4.00 per week plus supplies. Ceramic instructor will be present on the 1st, 3rd and 5th Thursdays of the month.

Chicks With Sticks

Meets Wednesday at 1:00 at the Center. Come share your patterns and ideas. Non-member fee is \$1.00 per week.



Oil Painting III with Laurie

Date: Wednesdays July 8 – Aug. 12

Laurie Sucharda will lead beginning oil painting with topics discussed, a painting to be complete at end of session. Class will meet 4:00 – 6:00 PM at the Center. A supply list is available upon request. Cost: \$50.00 for members & \$60.00 for guests. Register with fee by Wed. July 1, 2009.

Computer Class & Practice Lab

Introduction to Computers

It is not too late to learn the computer! **Topics:** PC Basics, mouse, keyboard skills, windows, and programs. Maximum 4 students. **Class dates:** Tues. July 7 & Wed. July 8. Cost is \$15.00 per member & \$25.00 a guest for 2 sessions. Register by Thur. July 2.

Computer Lab Time

Tuesdays from 9:00 -11:00 a volunteer will be available to assist with basic computer skill practice please register in the office by

Monday. Maximum: 2-3 per hour. Cost: \$1.00 for members and \$3.00 per guest.

Pinochle

This card game is played Wednesday at 10:30 AM. If interested, come to the center on Wed. There is no fee for members and non-members, \$1.00 per week.

Game Day

Meets 2nd & 4th Thursday at 10:30 AM! June 11 Yahtzee & June 25 Scrabble. Prize drawing for \$5.00 to Sentry Foods thanks to Comfort Keepers. No fee for members and guests pay \$3.00 per month.



Senior Singers – Community Service Resumes September 14!

Library Project at Center

The Library arranges for books and videos to be checked out on an honor system for senior's convenience. Please keep videos 1 week or less! Thank you. *There is a sign posted for the date the Center returns the books and videos to the Library. Please return by this date.*

Green Felt Club

The GFC committee is asking that each member please mark their calendars and make the extra effort to be a part of these events, which help support the operation of your Senior Center.

- GFC summer league May 20 – Aug. 26.
- The GFC **2009-10 league play general meeting** is scheduled for August 26, 2009 at 12:30 PM, prior to the last week of the summer pool league.
- GFC 2009-10 league play will start on September 2, 2009.

Monday at the Movies – June 29

Join in the lunch and a movie for the comedy Beverly Hills Chihuahua. A pampered Beverly Hills Chihuahua named Chloe (voiced by Drew Barrymore) who, while on vacation in Mexico with her owner Viv's (Jamie Lee Curtis) niece,



Rachel (Piper Perabo), gets lost and must rely on her friends to help her get back home before she is caught by a dognapper who wants to ransom her.

Weekly Activities

Singers (Chorus) – Resumes Mondays Sept 14
Aqua Exercise -Tues., Thurs., Fri., at 6:40AM
Arthritis Ex – Mon & Wed 9:30 at Christ the King Lutheran Church
Piano Lessons –Resumes Sept. 8
Green Felt Club – Senior 8 Ball League Wed., open play Mon & Fri. after 2:00, Sat at 9:00
Chicks with Sticks- Wed. at 1:00PM
Ceramics - Thurs. at 9:00AM

For information on class cost please call the center at 284-5821!

Card & Game Clubs

There is no charge for members as your membership assists with center operations.

Non-members & out of town participants contribute \$1.00 per week in the office!

Bridge - Tues. Ladies Bridge & Fri. at 1:00PM
Cribbage - Tues. at 1:00PM
Sheepshead - Thurs. at 1:00PM
Game Day – 2nd & 4th Thurs. at 10:30

Public Card Parties:

Canasta 1st & 3rd Mon. 7:00PM
Sheepshead - Tues. 7:00 PM
Pinochle- Wed. 10:00 AM



Clubs and Organizations Meeting

At the Center

Open 8-Ball/Greenfelt Club –Mon.-Fri. at 2:00PM (except when needed for class space) And Sat. at 9:00AM.
City Commission on Aging - 2nd Mon. at 7:00PM in the lower level
VFW - Last Wed. at 7:00PM

Special Events

Lakeside Tea Society

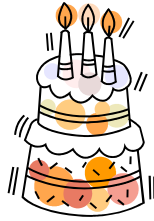
The Cotswold's English Tea

Wed. June 17 a guest speaker, Philia Hayes will share memories of the Cotswold's. Yorkshire Gold Tea & scones with Devonshire cream will be served. Cost will be \$2.00 members and \$3.00 for guests. Please register

by Mon. June 15. **Preview for July 15: A Butterfly Ice Tea**

Monthly Birthday Party – JUNE
Sponsored by Friends of the Port Senior Center

Friday, June 19, all June birthdays will be celebrated! The Friends of the Senior Center will be providing a homemade dessert for monthly birthday party celebrations at the senior dining lunch. *This is to celebrate with members and friends your special day.* The celebration will be in conjunction with the dining site lunch. Reservations are due to Jill by noon Thur. June 18. Cost: Donation for lunch!



Port Washington Senior Center & Port Washington Dining Site Events:

- 2-Blood Pressure Checks 12:30
 - 8-Eleanor's bingo with cash prizes from Comfort Keepers – no cost to play!
 - 11&25 Game Day Yahtzee & Scrabble
 - 19- June Birthday Party
 - 24- Healthy Snacking & Fluid Intake for Adults
 - 29- Lunch & Movie *Beverly Hills Chihuahua*
- Lunch reservations are due to Jill one day prior by 1:00 PM at 284-5672.*

Summer Membership Picnic

Reservations begin June 1.

The annual summer picnic will be held on Thur. July 16. The picnic will be held at the Kiwanis shelter! The menu catered by Newport Shores: chicken, ribs, German potato salad, beans, coleslaw, and desserts with coffee or tea. Bingo will begin at 3:15. Dinner at 4:45. Please bring a paper product such as paper towels, toilet tissue, etc. **The donation will give you entry into the prize drawing** for local restaurant certificates! The donations are one way the seniors help keep costs lower for the city. The picnic cost will be in the July Leisure Times.



New

Community Events

Ozaukee Senior Games

Registration open for events with no t-shirt

Dates: MAY 28 – JUNE 18 The Ozaukee Senior Games are a fun, friendly competition for seniors in Ozaukee County, hosted by the 3 multi-purpose senior centers & Mequon Seniors. **GOOD LUCK PORT PARTICIPANTS!**

Firehouse Friends

Would you like to participate in the 150th Ozaukee County Fair July 29-Aug. 2, 2009? Join members of the Center in an informational meeting Wed. June 10 at 1:30 p.m. The entry categories & forms to complete will be discussed. Register by June 9. No charge for members or guests.

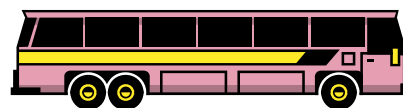
Ozaukee County Fair Celebrating 150 Years

The Ozaukee County Guide is celebrating the 150th year of the Ozaukee County Fair. To do this, we are looking to publish photos and stories of the fair from the community in our Fair Tab. To add a contribution, go to http://www.conleypublishing.com/forms/wbdaily/fair_memories_ozaukee.asp

Healthy Snacking and Fluid Intake

Date: Wednesday, June 24, 12:30 - 1:00 pm

Presented by Dr. John Bonavia, Family Medicine, Port Family Medical Clinic *Snacking is fast becoming the American way of eating, especially during the summer, when there are more social gatherings and outdoor festivities. And, during a time when everyone is always rushing around in a hurry these days, there's often little or no time for healthy, square meals. So grazing, or snacking on mini-meals, becomes the every day norm, but it is easy to get into the habit of unhealthy snacking. Join Dr. Bonavia as he discusses guidelines of healthy snacking and fluid intake for seniors.*



Trip News

Motor coach travel has the least emissions of plane or motor travel. Save the planet travel by bus with us!

Trip Payment & Refund Policy: Prices are quoted for center members: guests add \$4.00 for day trips or as quoted for a specific trip as a non-member price. Sign up is on or after the call in day listed with each trip. You must register in advance and pay by the deadline or your name may be dropped from the list!

Cancellations are not guaranteed a refund. Cancellations within **THREE** weeks will be refunded only if someone fills the opening! There are trips we reserve the right to advertise which are sponsored by travel agencies. It is for your convenience that we advertise them. All other information is handled by the agency. Contact the office regarding any special needs you have.

WHEN LEAVING ON A DAY TRIP PLEASE PARK YOUR CAR IN THE SECOND & THIRD SET OF PARKING ROWS. THANK YOU!

Lunch Bunch

Meets at 11:30 on Tuesday, June 30. Join us at Edge of Town in Cedarburg for lunch and conversation at this monthly dining out group. Cost is on your own. Register at Center by Wed. June 24.

Brewer's Baseball VS Twins

Date: Thur. June 25 – 8 seats

Payment due May 21

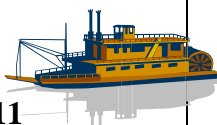
We have requested our favorite seats and the cost is \$41.00. Depart Port at 11:00 AM.

La Crosse Boats & Bluffs – 6 Seats

Date: Wed. July 22, 2009

Reservation & Payment due June 11

Enjoy the scenery as we travel to La Crosse for a scenic luncheon cruise on the upper Mississippi river aboard the La Crosse Queen paddle wheeler. There will be a guide aboard to narrate facts and trivia of the historical and present day river along with points of interest. Watch for eagles and other wildlife as we



cruise past steep bluffs adjacent to the “great river” road. To complete the day, a local guide will join us for a tour of the “river town” including Granddad Bluff and Lock & Dam #7. ***Must bring valid state photo id for dam tour.*** Cost is \$89.00 for members and \$92.00 per guest. Depart 6:00 AM return 7:00 PM. .

The Witnesses – 20 seats

Date: Thursday, July 30

Payment due June 25, 2009

Through the eyes of Peter and Paul, The Witnesses follows an adventure that began in Jerusalem, where a small group of disciples empowered by the Holy Spirit, traveled across the Roman empire, preaching, teaching and healing. An inspiring account of the rapid spread of Christianity throughout the world and the wonders of life in the first century. Menu: Atlantic Sea Scallop wrapped in a crisp potato crust, resting on sun-dried tomato beurre blanc sauce. Freshly Baked breads. Chicken Roulade - Skinless breast of Chicken stuffed with morrell mushrooms and prosciutto ham, rolled in panko crumbs, sautéed with a veal demi-glaze. Served with rice, Jones sausage and asparagus spear. Key Lime Cheesecake for dessert. Cost: \$80.00 for members and \$82.00 per guest. Depart at 8:15 AM from Port.

Czech it Out – Wisconsin Czech Heritage

Date: Thurs. Aug. 6

Registration now open

Begin the day with a visit with **coffee, juice and Koalaches** while you tour the 1906 barn which has been adaptively reused to house a herd of **Alpaca**; See **spinning and weaving demonstrations** and may even try your hand at felting. Next, we'll arrive at **St. Lawrence Church** to learn from a **Czech Historian** about early Czech settlements and tour this church on the National Register of Historic Places. Local foods produced and grown in the area will be prepared for a great **Czech Lunch** prepared by local chefs. During lunch you'll enjoy **entertainment by the Wisconsin Czech Choraliers** with their wonderful voices that sing many great Czech heritage songs and appear in authentic **Czech Costume**. This

New

afternoon we'll visit an **Old-World Pastry Shop**. Visit an **1860's Czech Brewery**, now converted to winery and sample some of the finest of Wisconsin's wines. Cost Per Person Only: **\$83.00 and \$85.00 guest**. Depart Port Washington Senior Center at: 7:15am.
Payment Due: July 6th, 2009

Daniel O'Donnell - Filled
Date: Tues. Aug. 18

Depart to be announced. Travel is on deluxe Badger Bus includes transportation, escort, & show ticket.

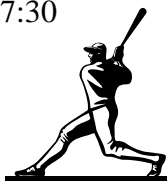
Arlington Race Track – 10 seats
Date: Thurs. Aug. 27
Entree Selection & Payment Due:
July 10th, 2009



This bi-annual offering will be available to Port this year. Bring your group and sign up to enjoy the day at Arlington. Betting or not, it is a pleasant day trip on a deluxe motor coach.

Entrée Choice: #1 Lasagna Classico #2 Spaghetti & Meatballs #3 Chicken Parmigiana #4 Fettuccine Alfredo Parmesan cream sauce with a hint of garlic, served over fettuccine. Cost is \$65.00 per member and same for guest! Depart 7:30 AM return approx 7:45 PM

Brewer's Baseball VS. Cardinals
Date: Wed. Sept. 9
Registration now open



We have requested our favorite seats and the cost is \$41.00. Depart Port at 10:00 AM. Payment due Aug. 3, 2009

Sound of Music at the Fireside
Date: Thur. Sept. 10
Registration now open

New

Experience the world's best loved musical! Winner of 8 Tony Awards, it is a tune-filled tale of hope, courage, friendship, and love. The menu: signature salad baked boneless pork chop, sweet potato soufflé, & Viennese Sacher Torte. Cost is \$80.00 per member \$82.00 guest. Departure by deluxe motor coach is 8:15 AM. Payment due Aug. 3, 2009

THE BIG "O" - Oprah's Chicago- Accepting Waiting List to fill other Centers open seats
Date: Fri. Oct. 16

You will visit the new **Oprah Store**, and **Oprah's Closet**, a wardrobe of items once worn by Oprah. You will eat lunch in one of **Oprah's favorite Chicago restaurants** and enjoy the delicious **specialty popcorn and toffee that she loves**. You will discover where she lives, shops, and works. Cost Per Person Only: \$83 and guest \$86. Departure Port Washington Senior Center at: 7:00am Approx. Return 4:45pm. Payment Due: September 11th, 2009.

Christmas at the Fireside: Miracle on 34th Street "Here's Love Musical"
Registration now open

Date: Thur. Nov. 19

Based on the beloved movie "Miracle on 34th St.", Here's Love is a big brassy musical with a heart. Macy's Thanksgiving Day Parade needs a new Santa, enter Kris Kringle.

Departure to be announced. Cost is \$80.00 per member \$82.00 guest. Payment due Oct. 1

New

Miracle on 34th Street Musical Here's Love At the Fireside

Registration begins Friday, May 1

Date: Fri. Dec. 4

Departure to be announced. Cost is \$80.00 per member \$82.00 guest. Payment due Oct. 23.

Oneida Bingo & Casino Trips

Next dates: June 4 & 25; July 16 with the 2009 Yearly schedule available at Center. Landmark Tours provides this trip several times a month. Call 375-1426 to register.

Upcoming 2009 Trips

General Trips

Nov – Fox River Mall Shopping

Watch newsletter for more information on future trips!

2009 Extended Trip with Port & Grafton

Smokey Mountain Fall Foliage

TRIP IS SELLING FAST! DON'T DELAY, RESERVE TODAY!

5 days in October 5th-9th Double Occupancy \$799.00 with

Badger Tour & Travel. Detailed information flyer available at the Center. Optional Travel protection



plan available. Home Pick up and Breakfast with Bucky, No tipping policy. **Highlights:** 4 special show events, 2 nights Pigeon Forge, Wabash & Erie Canal, & more! Register your name at the Center and a packet will be sent to you for deposit, insurance, etc by Badger Tour and Travel.

Center Operations & Procedures

We encourage our members who **may need** special assistance to register for events, programs, and trips **with a** friend, family or caregiver **to provide the assistance** they may need. Due to the limit of staff, the Center can not provide one-on-one assistance during the event, class, or trip. Please register with staff so we can be aware of individual needs.

Membership- Annual membership is paid January to December. Individual fee is \$12.00 and Couple \$17.00 for City and Town of Port Residents. Out of town individuals may subscribe to the newsletter for **\$7.00** per year or to receive membership the fee is \$1.00 per week or \$62.00 per year, it includes the newsletter and may be paid quarterly. Value of membership in the Center offers you a place to read the Journal Sentinel, Ozaukee Press, News Graphic, & a variety of magazines Readers Digest, Outdoor Living, Good Housekeeping, Family Fun, & more saving you money on subscriptions!

Recyclables – There is a container on both levels for aluminum cans. The can should be rinsed then deposited in the container. Clean cans are preferred for recycling. Thanks to all who help.

Welcome New Members

We look forward to seeing you at the Center! Stop in and reintroduce yourself or use your

free coupon for lunch! Mark Hoeft, Lita Peterson, Joan Doyle, Mike Andreshak, Kenneth Schanen, Joan Rooney, Nancy Theisen, Agnes Morgan, Lloyd Morgan

Monthly Birthday Party – June *Sponsored by Friends of the Port Senior Center*

Friday, June 19, all May birthdays will be celebrated! The celebration will be in conjunction with the dining site lunch. Reservations are due in to Jill by noon Thur. June 18! Cost: Donation for lunch!



HAPPY BIRTHDAY

- 1 Wilmer Quaas
- 2 Rosemary Farrell, Helen Seidel
- 3 Mary Lettenberger, Robert Casey
- 4 Agnes Wolf, JoAnn Buivid,
Joyce Ulrich, Delores Bertoni
- 5 Dorothy Graff, Joe Lanthier
- 6 Marion Merrill, Iva Bley,
Edith Wallestad
- 8 Bob Gjertson
- 9 Anita D'Cruze
- 11 Milton Roepke
- 12 Florence Chmielewski,
Marvin Huiras
- 13 Doris Scholz
14. Margaret Lampert
- 15 JoAnn Stade
- 16 Frances Scherff,
Norman Geisenheimer,
Carol Campbell, John Weiss
- 17 Louise Fahey, Janet Grueter,
Barb Kobishop
- 18 Fred Gilomen
- 19 Elizabeth Belsford,
Kathleen McGuire,
Lucille Slater, Fred Beck
- 20 Carol Klimke, Susan Schupp
- 21 June Eastvold, Ione Schwenker



22 *Marge Leicht*
24 *Mary Ann Lanser*
Delores Tenpenny
25 *Bev Tutas*
26 *Nancy Gauthier*
Ruth Yluisaker
28 *Patricia Craig*
29 *Joan Hansen*
30 *Evelyn Goedde*
Midge Kolbach
Mary Jane Schwanz

Miscellaneous

Friends of the Port Washington Senior Center

Membership dues are separate from the Center. The brochure highlights the various levels from Basic \$25.00 per year; Associate at \$75.00 per year; Partner at \$250.00 which is every 5 years; and Life Circle Membership at \$3,000 which is a one time payment. It is for couples so an individual would be at \$2,000 lifetime. **Board Members** are: Ann Augustine, Harold Johnson, & Dick Stoughton

There is the opportunity to designate charitable bequest or one time donations. Pick up a brochure at the Center if interested.

Senior Center Board of Directors 2009-2010

Joan Hansen, Joy Hoard, Barb Hunsicker, Harold Johnson, Kathy McGuire, Barb Roob, Bev Schleg, Jim Lowney, Marjorie Erlauer, Judy Hahn, & Ron Weiss



April Birthday Celebrants at the Monthly Birthday Party!



Tai Chi Class enjoying a spring day!



Leonard Augustine receiving recognition from Green Felt Club



Harold M. receiving Green Felt recognition!



Spring Fling registration



New Alderman on Commission on Aging Mike Ehrlich



Easy Days Quartet entertaining at Spring Fling



Enjoying the game: front row Michael F., Dick S. Back row Pastor & Olga S.

